

Boulder, Colorado



Whether you are moving across town or across the nation, the Troia Team, has the experience and resources to make your move as painless as possible. They will save you time and money; and guarantee their services. They are a full service real estate team that is committed and dedicated to their clients. They offer quality assistance with every detail of your real estate transaction.

TABLE OF CONTENTS

	PAGE
INTRO TO COLORADO	3
BOULDER CO GOVERNMENT	4
BOULDER HOTELS	5
DENVER AIRPORT	6
BOULDER UTILITIES	8
OUTDOOR HIKING AND PARKS	9
RECRATION AND LOCAL ENTERTAINMENT	12
BOULDER HOTSPOTS	16
DOWNHILL NAD NORDIC SKIING	20
MEDICAL AND WORSHIP IN BOULDER	23
GYMS, SPAS, SALONS AND YOGA	26
MORTGAGE LENDERS AND INSURANCE	28
COLORADO CLIMATE	29
LOCAL GROCERIES AND COFFEE SHOPS	30
BOULDER AND SURROUNDING AREA MAPS	32
BOULDER DEMOGRAPHICS	46
HIGH ALTITUDE COOKING INSTRUCTIONS	63
CUSTOMER TESTIMONIALS	64
MEET THE TROIA TEAM	65



No place in Colorado better epitomizes the state's outdoor mania than Boulder. Boulder started taxing itself in 1967 in order to buy greenbelts and in 2000 had a referendum (failed) on the ballot to provide free public transportation for city residents. There are nearly as many bikes as cars in this uncommonly beautiful and beautifully uncommon city embroidered with 30,000 acres of parks and greenbelts and laced with more than 200 mi of trails for hiking, walking, jogging, and biking.

Boulder gets plenty of sun -- the average year sees more than 300 sunny days -- and also plenty of snow: 158 inches. During spring the average high is 63°F and the average low is 35°F. Average highs and lows for the rest of the year are: summer (83°/55°); fall (72°/45°); and winter (45°/23°).

In this vibrant and liberal city, expect a dash of culture. The town has everything from the latest trends out of Los Angeles and New York to the punkish look of neon blue hair and an armor of body piercings. Natty professorial togs are still common in this university town as well as the proverbial Boulder three-piece suit: a T-shirt, fleece vest, shorts, and Birkenstock sandals. The city is home to the Buddhist Naropa University, the National Institute of Standards and Technology, the Boulder College of Massage Therapy, the University of Colorado at Boulder, and the National Center for Atmospheric Research.

Boulder County General Information

- Boulder County Census Bureau:
http://factfinder.census.gov/servlet/ACSSAFFacts?_event=ChangeGeoContext&geo_id=05000US08013&_geoContext=01000US%7C04000US08%7C16000US0809280&_street=&_county=boulder&_cityTown=boulder&_state=04000US08&_zip=&_lang=en&_sse=on&ActiveGeoDiv=geoSelect&_useEV=&pctxt=fph&pgsl=010&_submenuId=factsheet_1&ds_name=ACS_2005_SAFF&_ci_nbr=null&qr_name=null®=null%3Anull&_keyword=&_industry=
- Boulder Valley School District: <http://www.bvsd.org/default.aspx>
- Boulder Chamber of Commerce: <http://www.boulderchamber.com/>
- Downtown Boulder: <http://www.dbi.org/>
- Shopping: <http://www.dbi.org/index.php?load=shopping>
 - Twenty-ninth Street: <http://www.twentyninth.com/aboutus.asp>
 - Pearl Street:
http://www.boulderinternetguide.com/Pearl%20Street/pearl_street_mall_boulder_0012.htm
- Boulder Voter Information:
http://www.bouldercolorado.gov/index.php?option=com_content&task=view&id=803&Itemid=1427
- Map of Facilities and Parks in Boulder -
http://www.bouldercolorado.gov/index.php?option=com_content&task=view&id=5868&Itemid=254
- Transportation in Boulder:
http://www.bouldercolorado.gov/index.php?option=com_content&task=view&id=789&Itemid=320
- Services: http://www.dbi.org/index.php?load=shopping&page_id=3

BOULDER COUNTY GOVERNMENT OFFICES

Clerk and Recorder	1750 33 rd St. Boulder	
Elections / Voter Registration		303-413-7740
Motor Vehicle/ License Plates		303-413-7710
Marriage Licenses		303-413-7776
Longmont Branch	529 Coffman St. Longmont	
Elections/ Voter Registration		303-413-7740
Motor Vehicle/ License Plates		303-413-7710
Motor Vehicle		
2850 Iris Ave Boulder, CO 80301		303-442-3006
Boulder:		303-441-3388
Erie:		303-926-2700
Jamestown:		303-449-1806
Lafayette:		303-665-5588
Longmont:		303-776-6050
Louisville:		303-666-6565
Lyons:		303-823-6622
Nederland:		303-528-3266
Niwot:		
Superior:		303-499-3675
Ward:		303-449-3353

BOULDER HOTELS

Alps Boulder Canyon Inn
38619 Boulder Canyon Dr.
303-444-5445

Best Western Golden Buff Lodge
1725 28th St.
303-442-7450

Boulder Outlook Hotel
800 28th St.
303-443-3322

Boulder University Inn
1632 Broadway St
303-417-1700

Days Inn
5397 S. Boulder Rd.
303-449-4422

Homewood Suites by Hilton
4950 Baseline Rd.
303-449-9922

Mariott
2660 Canyon Blvd
303-446-8877

Quality Inn and Suites
2020 Arapahoe Ave.
303-449-7550

St. Julien Hotel and Spa
900 Walnut St.
720-466-9696

Best Western Boulder Inn
770 28th St.
303-449-3800

Boulder Broker Inn
555 30th St.
303-444-3330

Boulder Twin Lakes Inn
6485 Twin Lakes Rd.
303-530-2939

Courtyard by Marriott
4710 Pearl East Circle
303-440-4700

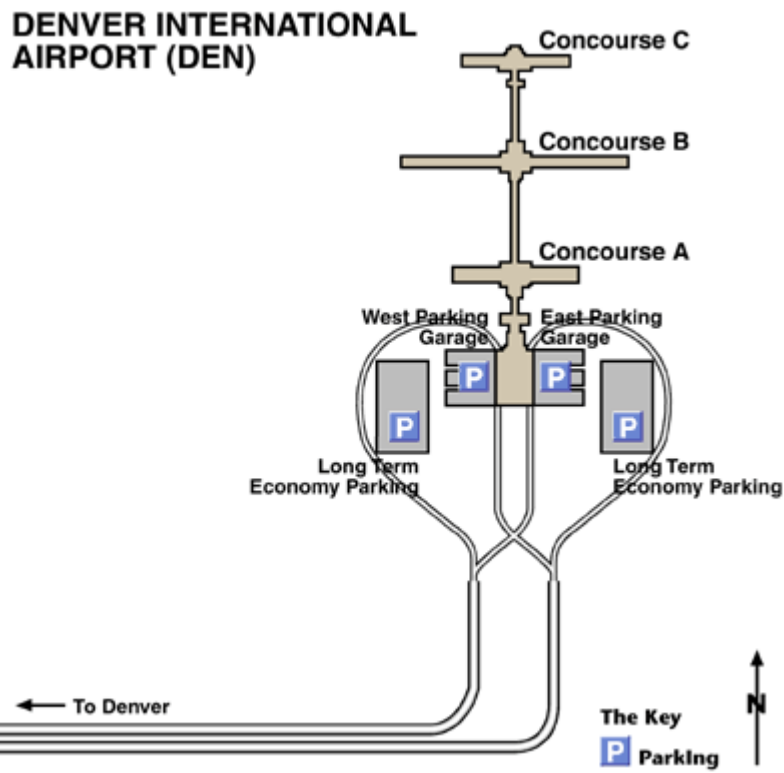
Holiday Inn Express
4777 N. Broadway St.
303-442-6600

Hotel Boulderado
2115 13th St.
303-442-4344

Millennium Harvest House
770 28th St.
303-443-3850

Residence Inn by Marriott
3030 Center Green Dr.
303-449-5545

DENVER INTERNATIONAL AIRPORT



Airport Information and Paging 303-342-2000

Airport Business Offices 303-342-2200

Airport Services:

Public Parking 303-342-7275

Lost & Found 303-342-4062

Ground Transportation 303-342-4059

Airport Police (non-emergency) 303-342-4212

DENVER INTERNATIONAL AIRPORT TRANSPORTATION

Denver-RTD (regional transportation bus service)	303.299.6000
Executive Parking Services	303-344-0677
USAirport Parking: Tower Rd. North of Pena	03-371-7575
Airport Connections Airport Limousine Service	303-901-4172
Alan's Airport Town Car Service	303-880-0111
Boulder Limousine	303-449-5466
Denver Town Car	303-814-0000
SuperShuttle	303-227-0000

Driving Directions to Denver Airport (DIA)

From Boulder

Take US 36 south, then I-25 south and I-70 east.

From The Rocky Mountains

Take I-70 east.

From Denver Tech Center and Colorado Springs

Take I-225 north and then I-70 east.

From Fort Collins

Take I-25 south to 104th Ave and proceed east to DIA.

From downtown Denver

Take I-25 north and then I-70 east.

UTILITIES/BOULDER COUNTY

Telephone/Cable/DSL:

Comcast	303-930-2000
Comcast	800-266-2278
Qwest	800-244-1111
Sprint	800-877-4646
C-Com	303-938-1417

Power:

Xcel Energy	800-895-4999
-------------	--------------

Gas:

Xcel Energy	800-895-4999
-------------	--------------

Water/Sewer:

City of Lafayette Water Department	303-665-5588
Left Hand Water District	303-530-4200

Trash Removal:

Allied Waste Services	303-287-8043
Boulder Hauling Company	303-447-8930
Boulder Trash Removal	303-442-7747
Dan's Hauling	303-459-3277
Frontrange Debris Removal Service	303-772-8472
Town and Country Disposal Inc.	303-665-6811
Waste Management	303-797-1600
Western Disposal Services	303-444-2037

Recycling Services:

A-1 Organics	303-384-9232
BFI	303-287-8043
Eco-Cycle	303-444-6634
Green Mountain Recycling Services	303-442-7535
Rocky Mountain Recycling	303-288-6868
Town and Country Disposal Inc.	303-665-6811
Tri-R Recycling	303-399-6351
Western Aluminum Recycling	303-447-0252
Western Disposal Services	303-444-2037



Hiking:

The Boulder Ranger District has excellent hiking, whether you want an easy stroll to a scenic lake or a long, rugged climb to peaks above treeline on the Continental Divide. The hiking season depends on elevation and snowfall. West of the Peak to Peak Highway (Highways 119, 72 and 7), in the mountains above 10,000 feet, the main hiking season is typically mid-July to mid-September. Hiking outside this timeframe is possible for those willing to posthole or carry snowshoes, but an ice axe is recommended if the trip will involve crossing snowfields. After the middle of September, it can snow at any time. Trails east of the Peak to Peak Highway are at lower elevations and have longer seasons. For trails located at even lower elevations, along the foothills west of Boulder, visit the City of Boulder Mountain Parks and Open Space website at www.ci.boulder.co.us/openspace/trails.

Front Range Attractions:

Mount Sanitas is located 0.5 miles west of 4th St. on Mapleton Avenue. From the trailhead, there is access to several moderate to difficult trails: Mount Sanitas trail, Sanitas Valley Trail, Dakota Ridge, Hawthorne Trail, and East Ridge Trail. Mount Sanitas was named for the old sanitarium (health spa) that is now the Mapleton Medical Center. Mount Sanitas is a very popular trail for dog owners. Please remember to remove your dog's excrement, and pack extra pet pick-up bags.

Sawhill Ponds Wildlife Preserve is owned by the Colorado Division of Wildlife and managed by the Open Space and Mountain Parks Department. It is located east of the Boulder city limits on the west side of 75th Street, 0.6 mile north of Valmont Road. There are opportunities for hiking, wildlife observation and nature study, picnicking, photography, and fishing. Several picnic tables are available adjacent to the main parking lot, along with benches and a boardwalk. There is no drinking water available. A pit latrine is located at the main parking lot. Swimming and boats are prohibited. The 18 ponds at Sawhill are the result of a gravel mining operation and reclamation project. Boulder Creek, now at the northwestern boundary of the ponds, has traversed the entire area in the geologic past. This ancient floodplain laid down great quantities of sand and gravel, and these deposits were mined for several decades until the early 1970s. When the mining ceased, groundwater filled the pits resulting in a wetland area that provides marvelous habitat for many species of wildlife. The ponds are also stocked by the Colorado Division of Wildlife, and warm water fishing is a popular activity.

Chautauqua Meadow, located on the south side of Baseline Road just west of Ninth Street, is a major portal to Open Space and Mountain Parks. Chautauqua Meadow is easily accessible by car, although park visitors are encouraged to walk, bicycle, bus, or car pool whenever possible. Chautauqua Ranger Cottage, located at the south end of the parking lot just inside the park's entrance, is a good place to get oriented. Here you will find park maps, brochures and information. Numerous trails originate from the Chautauqua area, and this is the best location for getting a good photograph of the famous Boulder "Flatirons."



Flagstaff Mountain, at 6,850 feet, offers fabulous views of the plains and Boulder Valley to the east. Stop in at the Flagstaff Nature Center for excellent exhibits and a chance to speak with park interpreters (open weekends, May through October). Flagstaff Summit is rich in history. Most of the area, including some picnic sites, is accessible to wheelchair users. If you are hiking, take Flagstaff Trail to the summit. Just beyond the Gregory Canyon trailhead access road, Baseline Road turns sharply north to become Flagstaff Road as it ascends Flagstaff Mountain. At approximately 3.4 miles, you will come to Realization Point, the junction of Flagstaff Road and Flagstaff Summit Road. (Please note that Flagstaff Summit Road is accessible to motor vehicles only between May and October). Please note that motor vehicles and bicycles are prohibited on Open Space and Mountain Parks except on maintained public roads and parking lots. Flagstaff Summit is a parking fee area.

-Panorama Point: This pulloff is located approximately 0.5 miles up Flagstaff Road, and gives you a magnificent panoramic view of the Boulder Valley. Hikers may access Panorama Point from spur trails of the Flagstaff Trail. Bring your camera! The area is accessible to wheelchair users. Panorama Point is a parking fee area.

Boulder Falls is located 11 miles west of Boulder, on the north side of Boulder Canyon Drive (SR 119) between Boulder and Nederland. It consists of five acres of mining claims that were given to the City of Boulder by Charles G. Buckingham, president and co-founder of Buckingham Brothers Bank (now Norwest Bank). Boulder Falls are quite lovely and well worth the brief stop for a look at the cascading water. There is a large parking area just across SR 119 from the Falls; please cross the road with care to access the short trail that leads to a viewing area. Visitors are required to stay on the main path that ends at a viewpoint just below the falls. Here you will have an excellent view of the Falls, forming where North Boulder Creek plunges approximately 70 feet to enter Middle Boulder Creek. For your safety, the area beyond the viewpoint has been closed. The rocks and water past this point are deceptively dangerous, and several people have been killed while scrambling around the falls.

South Mesa Trailhead is located 1.7 miles west of Highway 93 on Eldorado Springs Drive (Highway 170). From the trailhead, there is access to several moderate to difficult trails: Mesa Trail, Shadow Canyon, Towhee, Homestead, South Boulder Creek Trail and Big Bluestem Trail. In the late 1800's, this area contained numerous cabins and homesites. The stone building located on the north side of South Boulder Creek is all that remains of the historic homesite known as the Douady-Debaker-Dunn House.

Doudy Draw is located 1.8 miles west of Highway 93 on Eldorado Springs Drive (Highway 170). From the trailhead, there is access to several moderate trails: Doudy Draw trail and Community Ditch trail. This area was rich with mining and agriculture. In this arid landscape, irrigation is a necessity for providing water to hay fields and pasture land. The flow of South Boulder Creek was diverted by the construction of a series of ditches. Community Ditch, constructed in the early 1900's, was one of the first irrigation projects along the creek.

Royal Arch, the hike is steep--a real workout!--but the views are incredible. The trail starts near the Bluebell Shelter, and then goes up . . . and up, passing near the base of the Third Flatiron. bears and mountain lions live in the area, so know what to do if you encounter one.

Sombrero Marsh, the plain slopes of bare, salt-crusting dirt clods belie the site's potential. Yet Sombrero Marsh, an ancient and much abused natural wetland, is about to be reborn. Soon native bulrushes and tall prairie grasses will hide the naked contours, waterfowl will feed and nest in the vegetation, and children's laughter will grace the air. Spring rains, snow melt and rising ground water cause the marsh to fill gradually during the spring. By late summer, it is usually dry again. On site there is a 4,800 square foot environmental education facility. The center is the result of a partnership between the Boulder Valley school district, Thorne Ecological Institute and OSMP. It contains a small library, viewing and assembly areas and a laboratory for studying water and wetland soils. Thorne Ecological Institute will develop curricula in science and math with links to language arts to serve the district's first, fourth and seventh graders. Students will learn about the marsh outside as well as inside: a limited network of trails and boardwalks will allow classes to visit a wildlife viewing blind and the restored portion of the marsh. The western portion of the wetland will remain off limits to the public as a wildlife sanctuary.

Fourth of July Trailhead and a small associated campground is located approximately 30 miles west of Boulder at an elevation of approximately 10,000 feet. There is no fee for camping, and sites are available on a first-come, first-served basis. Camping is limited to four consecutive days. Water is available from the creek; however, all water should be treated due to the possibility of the Giardia parasite. The only available facilities are nearby pit latrines. Ground fires and grills are prohibited.



Heil Valley Ranch - one of Boulder's best hikes. A beautiful loop high into the foothills through dense stands of ponderosa pines, open meadows with tall prairie grasses, spring wildflowers, and dramatic views north to Mount Meeker (13,911 feet) and Longs Peak (14,255 feet). It's easy to get to (close to Boulder and Longmont) and has a nice trail network. The trail is popular with hikers and mountain bikers, but also sees some snow shoeing action in the winter months. From the trailhead, you can take the Wapiti trail 2.6 miles up to the 2.6 mile Ponderosa Loop trail. Alternatively, you can start out on the Lichen Loop trail which dumps into the Wapiti trail before it crosses the creek. The Wapiti and Ponderosa Loop trails are multi-use (hikers, mountain bikers, and equestrians). The Lichen Loop trail is for hikers only. No dogs are allowed on any of the Heil Valley Ranch trails.

RECREATION AND ENTERTAINMENT

Boulder Parks – please click on this to be connected to the Boulder County Parks site

- Arapahoe Ridge, Eisenhower Dr.
- Aurora 7, 38th & Aurora
- Bear Creek Park, Lehigh & Table Mesa
- [Burke Park](#), Mohawk & Pawnee
- Central Park, 13th & Broadway
- [Chautauqua Park](#), 9th & Baseline
- Christensen Park, 3100 King's Ridge Blvd.
- Columbine Park, 23rd & Glenwood
- Crestview Park, 17th & Sumac
- [Dakota Ridge Park](#), Dakota Blvd. & 5th St.
- Eaton Park, E end of Nautilus
- Eben Fine Park, 3rd & Arapahoe
- Elks Park, 3995 N. 28th
- Elmer's Two Mile Park, 2700 Iris
- Heatherwood Park, Heatherwood (East of 75th Ave.)
- Howard Heuston Park, 34th (south of Iris)
- Keewaydin Meadows Park, Manhattan & Sioux
- North Boulder Park, 9th & Dellwood
- Palo East, Corriente Pl & Campo Ct.
- Park East, Aurora & Mohawk
- Park Side, 26th & Kalmia
- Scott Carpenter Park, 30th & Arapahoe
- Shanahan Ridge Park, Lehigh & Greenbriar
- Tantra Park, 46th & Hanover
- Tom Watson Park, 6180 N 63rd
- Violet Park, 17th & Violet
- West Highland Park, W end of Dartmouth
- Wonderland Lake Park, Poplar Ave.
- Martin Park, 36th & Eastman
- Maxwell Lake Park, Linden Park Dr.

Shopping:

Pearl Street Mall

Old Town Longmont

Flatiron Crossing

Colorado Mills Outlet Mall

16th Street Mall

29TH Street Mall

Downtown Boulder

Downtown Longmont

Hwy 36 between Broomfield and Boulder

Golden

Denver

Boulder

Event Centers and Sports Teams:

Denver Broncos	Mile High Stadium	303-433-7466
Denver Nuggets	Pepsi Center	303-572-4703
Colorado Avalanche	Pepsi Center	303-371-1080
Colorado Rockies	Coors Field	800-388-7625
University of Colorado Buffaloes		303-492-7931
Colorado State Rams		970-491-1101
US Air Force Academy		719-472-0524
Denver Univ. Hockey	http://www.denverpioneers.com	
Broomfield Events Center		800- 927-2770
Denver Coliseum	4600 Humboldt St.-Denver	720-865-2475
Colorado Rapids Soccer	http://www.coloradorapids.com	
Colorado Crush Arena Football	http://www.coloradocrush.com	

Attractions:

Boulder's Dinner Theater	Boulder	303-449-6000
Buffalo Bill's Memorial Museum	Denver	303-526-0747
Butterfly Pavilion and Insect Museum	Westminster	303-469-5441
Chautauqua Park	Boulder	
Coors Brewery Tours	Golden	303-277-2337
Central City Opera House Assoc.	Central City	303-292-6700
Children's Museum	Denver	303-433-7444
Colorado Ballet	Denver	303-298-0677
Denver Botanical Gardens	Denver	303-331-4000
Denver Performing Arts	Denver	303-893-4000
Denver Zoo	Denver	303-331-4110
Dushanbe Tea House	Boulder	303-442-4993
Elitch Gardens/Six Flags Amus.Park	Denver	303-455-4771
Fiddlers Green Amphitheatre	Englewood	303-779-5877
Gates Planetarium	Denver	303-370-6351
Heritage Square & Opera House	Golden	303-279-2789
Museum of Natural History	Denver	303-322-7009
Rocky Mountain National Park	Estes Park	303-586-1206
Paramount Theatre	Denver	303-534-8336
Shakespeare Festival	Boulder	303-492-8181
Stanley Hotel	Estes Park	303-586-3371
Water World	Denver	303-428-7488
Washington Park	Denver	
http://www.denvergov.org/South_Denver_Parks/WashingtonPark		
Denver Art Museum	Denver	720-865-5000

Local Golf Courses

Flatirons Golf Course

5706 Arapahoe Ave., Boulder
303-442-7851

Boulder Country Club

7350 Clubhouse Rd., Boulder
303-530-4600

Haystack Mountain Golf Course - 9 hole

5877 Niwot Rd., Boulder
303-530-1400

Sunset Municipal Golf Course

1900 Longs Peak Ave., Longmont
303-776-3122

Ute Creek at Spring Valley Golf

2000 Ute Creek Dr., Longmont
303-774-4342

Boulder Country Club, Par 3 course

7350 Clubhouse Rd., Boulder
303-530-4600

Lake Valley Gold Club

4400 Lake Valley Dr., Longmont
303-444-2114

Indian Peaks Golf Course

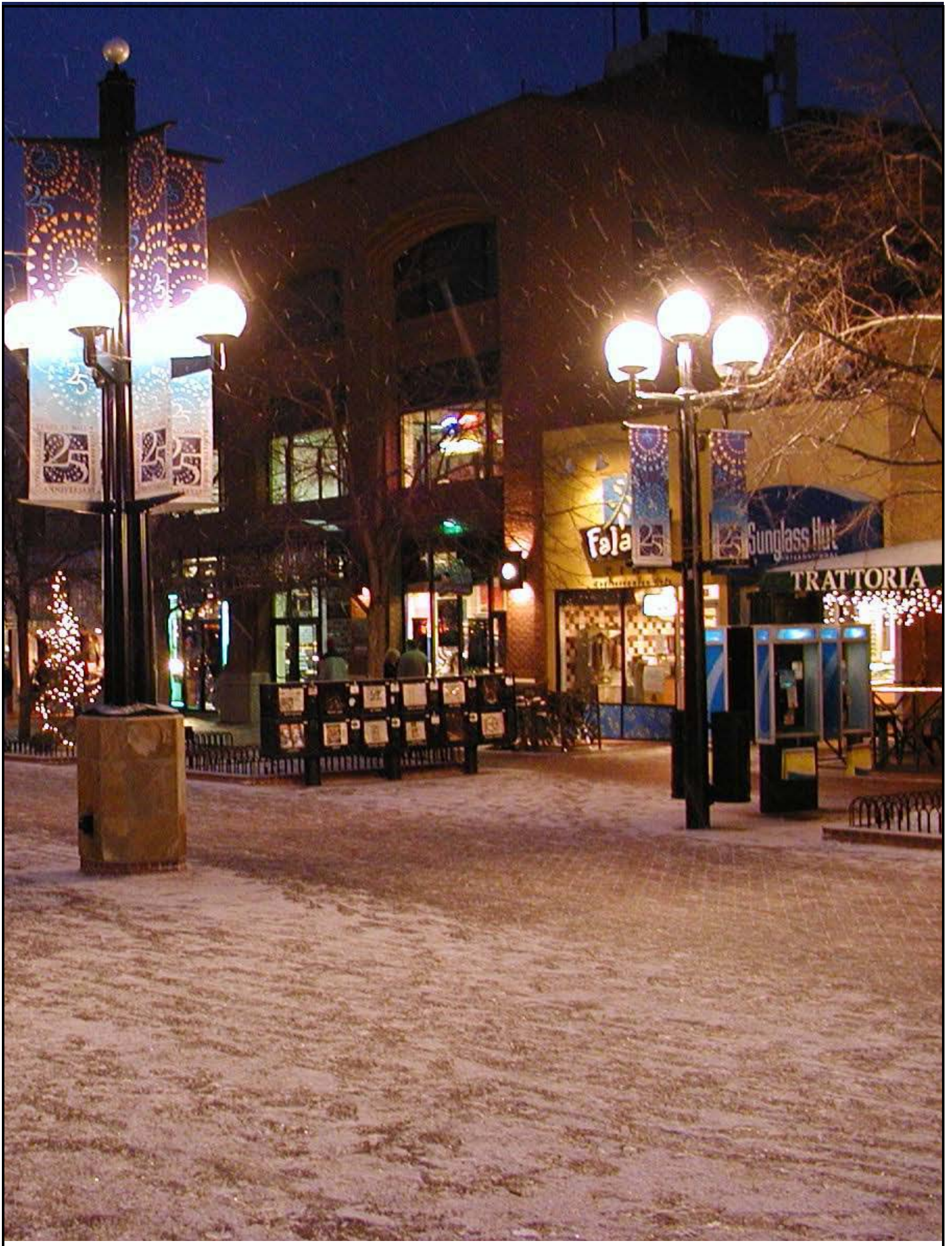
2300 Indian Peaks Trail, Lafayette
303-666-4706

Twin Peaks Municipal Golf Course

1200 Cornell Dr., Longmont
303-772-1722

Coal Creek Golf Course

585 W. Dillon Rd., Louisville
303-666-7888



BOULDER HOTSPOTS

Bars/Dancing/Dining

Check out the Rooftop decks and patio areas

Hapa Sushi Grill and Sake Bar - PATIO

1117 Pearl Street (Downtown) and 1220 Pennsylvania Ave (The Hill)

www.hapasushi.com - (303) 473-4730

Lazy Dog Sports Bar and Grill - ROOFTOP

1346 Pearl Street

www.thelazydog.com (303) 440-3355

West End Tavern - ROOFTOP

926 Pearl Street

www.thewestendtavern.com - (303) 444-3535

The Mediterranean - PATIO

just off the Pearl Street Mall between 9th & 11th Street on 1002 Walnut.

www.themedboulder.com - (303) 444-5335

Pearl Street Pub

1108 Pearl St, Boulder, CO 80302 · 303-939-9900

The Corner Bar

2115 13th St, Boulder, CO 80302 · 303-442-4560

The Dark Horse Bar and Grill

2922 Baseline Rd Boulder Co 80303 303/442 8162

Catacombs

13th & Spruce Boulder CO (303) 443-0486

Conor O'Neill's

1922 13th St., Boulder 303-449-1922.

Sundown Saloon

1136 Pearl Boulder CO (303) 449-4987

The Sink

1165 13th Boulder CO (303) 444-7465

Protos Pizzeria Napoletana

4670 Broadway St Boulder, CO 80304 (720) 565-1050

www.protospizza.com

Flagstaff House Restaurant

1138 Flagstaff Dr

Boulder, CO 80302 Phone: (303) 442-4640 Fax: (303) 442-8924

Foundry Billiards Club - ROOFTOP

1109 Walnut St, Boulder - (303) 447-1803

www.foundryboulder.com

The Rio Grande - ROOFTOP

1101 Walnut St., Boulder

303-444-3690

Bacaro - ROOFTOP and PATIO

921 Pearl St., Boulder

www.bacaro.com 303-444-4888

Centro - PATIO

950 Pearl St., Boulder

www.centrolatinkitchen.com 303-442-7771

Old Chicago - PATIO

1102 Pearl St., Boulder

www.oldchicago.com 303-443-4730

Boulder Café - PATIO

1247 Pearl St. Boulder 303-444-4884

Brasserie Ten Ten - PATIO

1011 Walnut St., Boulder 303-998-1010

St. Julian Hotel - PATIO

900 Walnut St., 720-406-9696

Catacombs

2115 13th St., Boulder, 303-443-0486

The Walrus

1911 11th St., Boulder 303-443-9902

The Kitchen Upstairs

1039 Pearl St., Boulder 303-544-5973

Tonic Oxygen Bar

2011 10th St., Boulder 303-544-0202

The Attic Billiards

949 Walnut St., Boulder 303-415-1300

Round Midnight

1005 Pearl St, Boulder - (303) 442-2176

www.roundmidnight.tv

Local Pubs and Breweries

Brewing is big business in Colorado. According to The Beer Institute, the state ranks number one in terms of gross beer production, producing over 23,370,848 barrels in 2006. This was enough to surpass California, the long time leader in [1]. It is also ranked third in the country in volume of brewpubs and craft breweries. Denver ranks first in the nation in beer production per capita and second in the number of breweries. Colorado is home to 4 of the top-50 brewing companies in the nation. There are 92 breweries statewide.

Mountain Sun Brewery & Pub
1535 Pearl St., Boulder
303-546-0886
www.mountainsunpub.com

Southern Sun Pub & Brewery
627 S. Broadway St., Boulder
303-543-0886

Boulder Beer Company Brewery and Pub
2880 Wilderness Pl., Boulder
303-444-8448

Oasis Brewery Bottling Fclty
4363 Apple Way, Boulder
303-440-8030

Twisted Pine Brewing Company
3201 Walnut St., Boulder
303-786-9270

Avery Brewing company
5763 Arapahoe Ave. # E, Boulder
303-440-4324

Pumphouse Brewery
540 Main St., Longmont
303-702-0881

Left Hand and Tabernash Brewing
1265 Boston Ave., Longmont
303-772-0258

Redfish Brewhouse
2027 13th Street Boulder 80302
303/440-5858
www.redfishhouse.com

Local Music Scene

Colorado Music Festival
www.coloradomusicfest.org
303-449-1397

Fox Theatre
1135 13th St., Boulder
www.foxtheatre.com
303-443-3399

Boulder Theater
2032 14th St., Boulder
303-786-7030
www.bouldertheater.com

Chautauqua Auditorium
900 Baseline Rd. Boulder
303-442-3282
www.chautauqua.com

Red Rocks Park and Amphitheatre and Visitor Center
18300 W. Alameda Parkway Morrison, CO 80465

<http://www.redrocksonline.com>

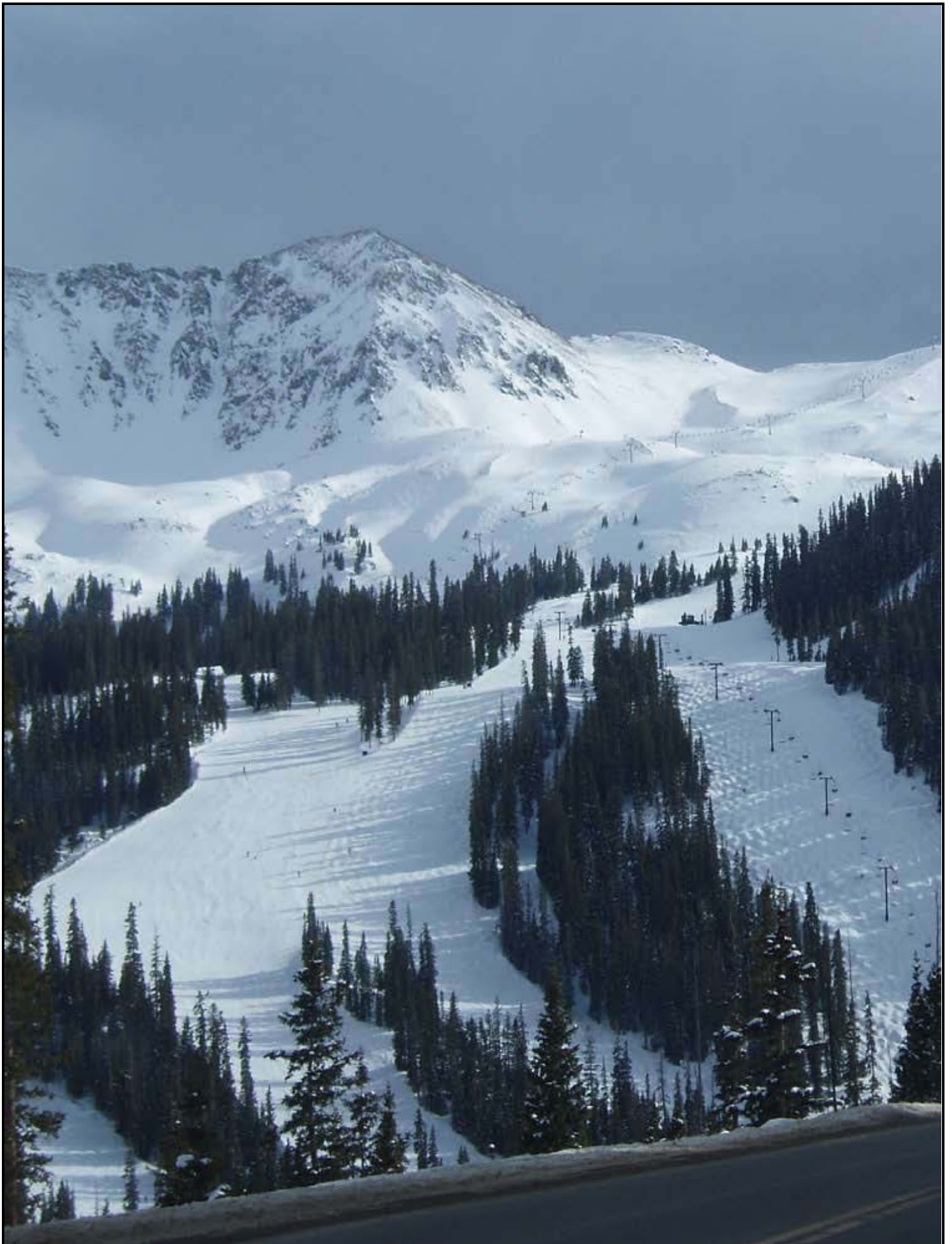
Radio Stations Boulder / Denver Area

FM

KGNU	88.5	Boulder	Public Radio	www.kgnu.org
KRFC	88.9	FT. Collins	Public Radio	www.krfcfm.org
KUVO	89.3	Denver	Jazz Oasis	www.kuvo.org
KVOD	90.1	Denver	Classical Radio	www.cpr.org
KRKS	94.7	Boulder	Religious Radio	www.947krks.com
KFMD	95.7	Denver	Kiss FM top 40	www.kissfmdenver.com
KBCO	97.3	Boulder	World Class Rock	www.kbco.com
KYGO	98.5	Denver	Country	www.kygo.com
KQMT	99.5	Denver	Classic Rock	www.995themountain.com
KIMN	100.3	Denver	Mix 100 Top 40 hits	www.mix100.com
KOSI	101.1	Denver	Kosi 101 Adult Contemporary	www.kosi101.com
KRFX	103.5	Denver	The Fox Classic Rock	www.thefox.com
KALC	105.9	Denver	Alice Top 40 hits	www.alice1059.com
KBPI	106.7	Denver	Hard Rock Metal	www.kbpi.com
KQKS	107.5	Lakewood	Hip Hop	www.ks1075.com
KPAW	107.9	Ft Collins	College Radio	www.kpawthebear.com

AM

KHOW	630	Denver	News Radio	www.khow.com
KNUS	710	Denver	Talk / News Radio	www.knus.townhall.com
KKZN	760	Thornton	Talk Radio	www.am760.net
KOA	850	Denver	News Radio	www.850KOA.com
KRKS	990	Denver	Religious Radio	www.947krks.com
KVCU	1190	Boulder	College Radio CU	www.radio1190.org
KCFR	1340	Denver	Public Radio	www.cpr.org
KGNU	1390	Denver	Variety Radio	www.kgnu.org
KCFC	1490	Boulder	Public Radio	www.cpr.org
KDDZ	1690	Arvada	Disney Radio	www.radio.disney.org

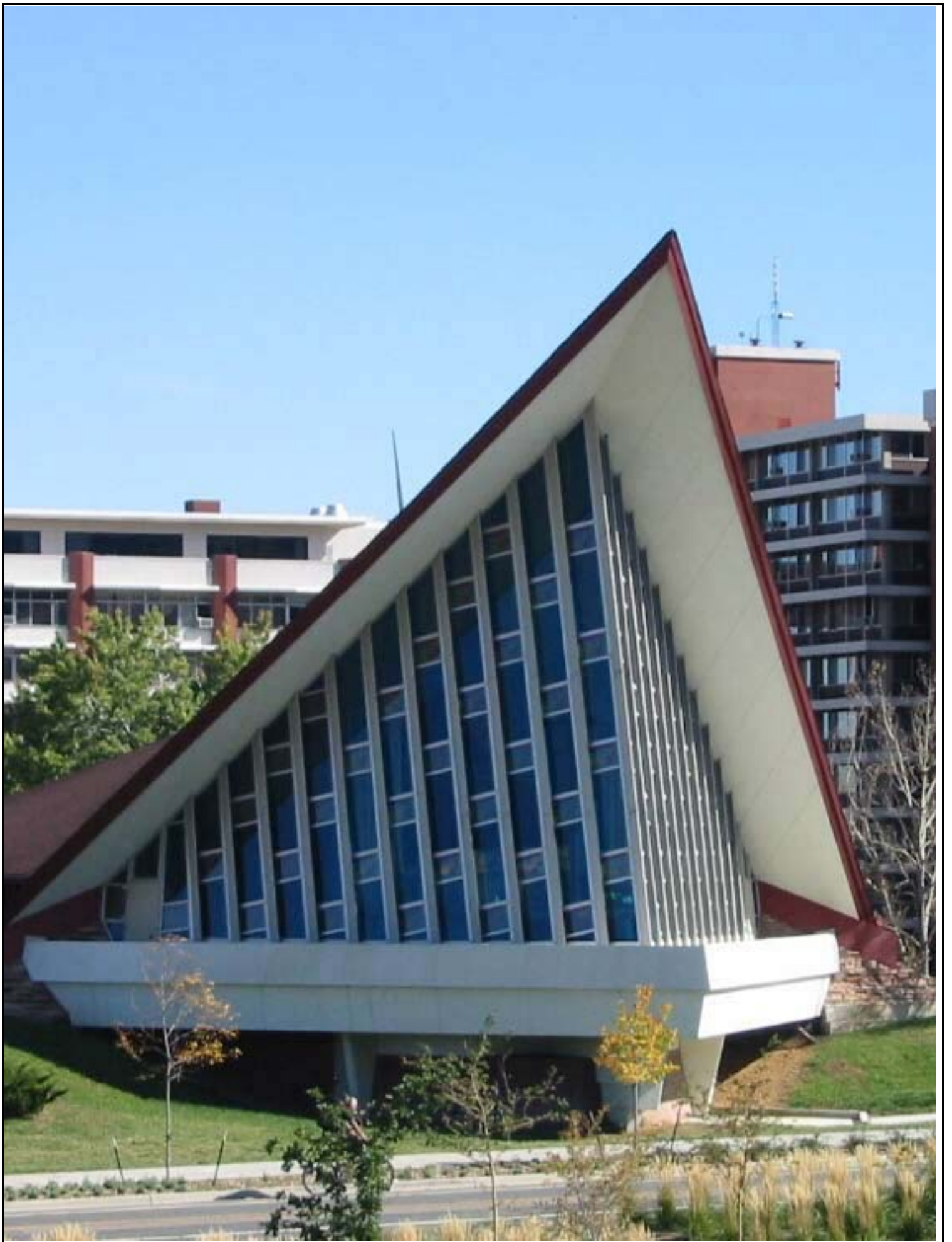


DOWNHILL SKIING

Arapahoe Basin	800-222-0188
Aspen Highland	970-952-5300
Aspen Mountain	800-525-6200
Beaver Creek	800-525-2257
Breckenridge	800-789-7669
Buttermilk	800-525-6200
Copper Mountain	800-458-8386
Crested Butte	800-544-8448
Eldora	303-440-8700
Keystone	800-222-0188
Loveland Ski Area	800-736-3754
Monarch	800-332-3668
Powderhorn	970-268-5700
Purgatory	800-525-0892
Ski Cooper	800-458-8386
Ski Sunlight	800-445-7931
Snowmass	800-525-6200
Snowy Range, Wyoming	800-462-7669
Steamboat	303-879-6111
Telluride	970-728-6900
Vail	800-525-2257
Winter Park	303-892-0961
Wolf Creek	970-264-5629

NORDIC SKI AREAS

Ashcroft Ski Touring Center	970-920-4093
Aspen Cross Country Center	970-925-2145
Beaver Creek Cross Country Ski Center	970-845-5313
Beaver Meadows Resort Ranch	970-881-2450
Breckenridge Nordic Center	970-453-6855
Crazy U Ranch	970-887-3344
Ski Cooper Nordic Center	970-486-2277
Copper Mountain/ Track XC Center	970-968-2882
Lodge at Cordillera	970-926-2200
Crested Butte Nordic Center	970-349-1707
Eldora Nordic Center	970-440-8700
Frisco Nordic Center	970-668-0866
Grand Lake Touring Center	970-627-8008
Grand Mesa Nordic Council	970-434-9753
Keystone Cross Country Center	970-468-4275
Latigo Ranch Nordic Center	970-227-9655
Monarch	970-539-3573
Pagosa Pines Touring Center	970-731-4755
Purgatory XC Center	970-385-2114
Redstone Ski Touring	970-963-9489
Snow Mountain Ranch	970-887-2152
Steamboat Ski Touring Center	970-879-8180
Ski Sunlight Nordic	970-945-7491
Telluride Nordic Center	970-728-3856
Twin Lakes Nordic Inn	970-626-7812
Vail Cross-Country Ski Center	970-845-5313
Vail Nordic Center	970-476-8366



WORSHIP IN BOULDER COUNTY

Apostolic Christian Tabernacle	1501 Quince Ave.	303-447-0722
Elim Tabernacle of Christ	1539 Spruce St.	303-444-4110
Boulder Valley Assembly of God	3901 Pinon Drive	303-494-1616
B'nai B'rith Hillel	2795 Colorado Ave	303-442-6571
Baha'I Faith Boulder Assembly	437 Pine	303-443-6422
Bahai Faith Lafayette Center	1312 Centaur Village Dr.	303-673-0738
Bible Baptist Church	1870 Redwood Ave.	303-442-5071
Chabad at CU	718 14th St	303-444-2775
Congregation Bonai Shalom	1527 Cherryvale Rd	303-442-6605
Congregation Nevei Kodesh	POB 21601 zip 80308	303-271-3540
Second Baptist Church of Boulder	5300 Baseline Rd.	303-499-4668
Seventh Day Baptist Church	6710 Arapahoe Rd.	303-541-9097
First Baptist Church	200 W. South Boulder Rd.	303-666-8140
Flatirons Baptist Church	5475 S. Boulder Rd.	303-499-1117
Congregation Har Hashem	3950 Baseline Rd	303-499-7077
Kehillath Aish Kodesh	1805 Balsam Ave	303-443-2497
Lubavitch of Boulder County	4900 Sioux Drive	303-494-1638
Mountain View Southern Baptist	700 W. South Boulder Rd.	303-665-9521
Boulder Bible Chapel	3090 S. Boulder	303-449-4530
Fairview Bible Chapel	368 N. 76 th St.	303-499-2110
Boulder Mennonite Church	1520 Euclid Ave.	303-443-3889
Karma Dzong (Shambhala Ctr.)	1345 Spruce	303-444-0190
Masjid Al-Ikhlās	11141 Irma Drive Northglenn, CO 80233	303-920-0252
University Zen Center	115 S. 42 nd	303-440-6553

Pardes Levavot	7077 Harvest Road	303-530-4422
Saint Rita's Catholic Church	362 Hwy 119	303-258-3060
Sacred Heart of Jesus Church	2312 14 th St.	303-442-7572
Sacred Heart of Mary Church	6739 S. Boulder Rd.	303-494-7572
City on the Hill Church	7843 Arapahoe Rd.	303-440-3873
Faith Bible Chapel	10824 E. South Boulder Rd.	303-604-1414
Boulder Valley Christian Church	7100 South Boulder Rd.	303-494-7748
Covenant Community Church	191 Pawnee Dr.	303-494-5015
First Christian Church	950 28 th St.	303-442-1861
Boulder Valley Church of Christ	270 N. 76 th	303-499-4085
Peak View Church	9696 Paschal Dr.	303-665-2785
United Methodist Church	741 Jefferson	303-666-8812
First Congregational Church	1128 Pine	303-442-1787
St. Ambrose Episcopal Church	7520 South Boulder Rd.	303-499-3041
Unity Church of Boulder	2855 Folsom St.	303-442-1411
Unitarian Universalist Church	5001 Pennsylvania Ave.	303-494-0195

MEDICAL FACILITIES

Avista Adventist Hospital	100 Health Park Dr. - Louisville	303-673-1000
Boulder Comm. Hospital	North Broadway and Balsam - Boulder	303-440-2273
	East Branch - 47 th and Arapahoe	
Boulder Medical Center	Many locations throughout Boulder	303-440-3220
Centennial Peaks Hospital 2	255 South 88 th Louisville	303-673-9990
Devereux Cleo Wallace	8405 Church Ranch Blvd-Westminster	303-466-7391
Kaiser Permanente		303-338-3800
Longmont United Hospital	1950 Mountain View Ave.- Longmont	303-651-5111
Lutheran Medical Center	8300 W. 38 th Ave.- Wheatridge	303-425-4500
Mediplex Specialty Hospital	8451 Pearl - Thornton	303-288-3000

Retreats

Buddhist Meditation and Yoga Retreat 1-888-STUPA-21 (788-7221-4921)
 County Rd 68-C, Red Feather Lakes, Colorado 80545 USA
<http://www.shambhalamountain.org/>

Gold Lake Mountain Resort and Spa 303-459-3544
 3371 Gold Lake Rd., Ward CO 80481
<http://www.goldlake.com/home.php>

GYMS AND SPAS

City of Boulder **Recreation Centers** www.ci.boulder.co.us

E Boulder Recreation Center (303) 441-4400 N Boulder Recreation Center (303) 413-7260

S Boulder Recreation Center (303) 441-3448

YMCA of Boulder Valley - www.ymcabv.org

Arapahoe Center 303-664-5455

Mapleton Center 303-443-2778

Boulder Country Club

7350 Clubhouse Rd

Boulder, CO 80301

(303) 530-4600

www.bouldercc.org

Boulder Rock Club

2829 Mapleton Ave

Boulder, CO 80301

(303) 447-2804

www.totalclimbing.com

Boulder's Pulse Fitness Center

1375 Walnut St.

Boulder, CO 80302

303-447-8545

24 Hour Fitness

2900 Iris Avenue Boulder 877- 256-4624

2950 Baseline Road 303- 443-2639

www.24hourfitness.com

Rallysport Health & Fitness

www.rallysportboulder.com - (303) 449-4800

One Boulder Fitness Center

www.oneboulderfitness.com - (303) 447-8545

The Workout Studio

www.theworkoutstudio.net - (720) 565-9878

Flatiron Athletic Club

www.flatironathleticclub.com - (303) 499-6590

Mountain's Edge

www.mountainsedge.net - (303) 494-5000

Body Dynamics

www.bodydynamics.net

Spot Bouldering Gym

www.thespotgym.com

Pilates Center

www.thepilatescenter.com

Curves

www.curves.com

SALONS

Wildflowers Salon and Spa	www.wildflowersspa.com	303-444-4234
Finishing Touch Day Spa 3131 28 th Street Boulder CO 80301	www.finishingtouchspa.com	
Ten20 Spa 2005 Pearl Street Boulder, CO 80302 .	www.ten20.tv	720-565-1020
Essentials Spa 2660 Canyon Blvd, Boulder	www.spahub.com/spas	303- 440-0711
St. Julien Hotel and Spa 900 Walnut Street Boulder CO 80302	www.stjulien.com	720 -406-9696
Colorado Massage & Spa 3109 28th Street, Boulder, CO 80301	www.coloradomassage.com	303 -443-5202

YOGA

CorePower Yoga - South Boulder om time	www.corepoweryoga.com www.omtime.com	720- 565-6115
Bikram's Yoga College of India	www.bikramyoga.com	303- 473-9003
Alchemy of Movement Nia/Yoga	www.alchemyofmovement.com	303-449-4410
Boulder Bodyworks	www.boulderbodyworks.com	
Boulder Mandala Yoga Studio	www.bouldermandala.com	

MORTGAGE BROKERS/LENDERS

Wanda Richman

2595 Canyon Blvd., Suite 110

Boulder, CO 80302

Office: 303-443-7609

Cell: 303-619-7605

Fax: 866-905-6661

E-Mail: Wanda_Richman@countrywide.com**Countrywide Home Loans****Clint Buckner**

2700 Canyon Blvd., Suite 200

Boulder, CO 80302

Office: 303.441.2464

Cell: 303-210-7771

Fax: 303-441-2465

E-Mail: Clinton.Buckner@mortgagefamily.com**Coldwell Banker Mortgage**

INSURANCE

Pat Setzke or Bill Tutterow

3005 Center Green Drive Suite 240

Boulder, CO 80301

Office: 303-442-7736

Cell: 303-659-2414

State Farm Insurance**Renee Schiffhauer**

303-938-9221

Renee.schiffhauer@libertymutual.com**Liberty Mutual**

COLORADO CLIMATE

Four distinct seasons and over 300 sunny days a year - more than San Diego or Miami!

Average 158 inches of snowfall a year.

	JAN	FEB	MAR	APR	MAY	JUN
Avg. Max Temperature	43.6	43.3	60.7	55.5	71.5	80.3
Avg. Min Temperature	18.9	22.2	30.3	30.1	43.3	52.6
Mean Temperature	31.3	32.8	45.5	42.8	57.4	66.5
Precipitation	0.87	1.83	0.91	5.77	2.19	3.69
Snow	19.0	28.8	14.1	38.6	0.00	0.00

Precipitation and snow measured in inches

Source: Colorado Climate Center

	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL
Avg. Max Temperature	86.0	81.5	76.8	66.5	49.6	44.3	63.3
Avg. Min Temperature	56.8	55.9	51.2	38.9	26.2	23.4	37.5
Mean Temperature	71.4	68.7	64.0	52.7	37.9	33.9	50.4
Precipitation	1.14	5.27	1.92	2.70	1.52	0.68	28.49
Snow	0.00	0.00	0.00	30.1	18.2	9.90	158.7

Precipitation and snow measured in inches

Source: Colorado Climate Center

LOCAL GROCERY STORES

Whole Foods

2905 Pearl St Boulder & 2584 Baseline Rd.
303-545-6611

Wild Oats

1651 Broadway, Boulder
303-442-0909

Vitamin Cottage

2355 30th St. Boulder
(303) 443-1598

Boulder County Farmers Market

www.boulderfarmers.org
1900 13th St
303-910-2236

Ideal Market

1275 Alpine Ave, Boulder
303-443-1354

Lucky's Market

3960 Broadway St # 104, Boulder
(303) 444-0295

Sunflower Farmers Market

2525 Arapahoe St.
303-449-0777

King Soopers 303-443-

1650 30th St.
2400 Baseline Rd.
3600 Table Mesa
6550 Lookout Rd.

Safeway Food and Drug 303-443-5888

3325 28th St.

2798 Arapahoe

4800 E. Baseline Rd.

BOULDER COFFEE SHOPS

You can find coffee shops everywhere and just about every corner

Vics

2680 Broadway St, Boulder - 303-440-8209
2918

Ozo

5340 Arapahoe Ave. Boulder, - 303-440-0233

Logans Espresso Cafe

3980 Broadway St. 303-443-3600

Buchanans Coffee Pub

1301 Pennsylvania Ave Boulder, - 303-440-0222

Trident Booksellers and Café

940 Pearl St, Boulder - 303 443-3133

Spruce Confections

767 Pearl St, Boulder, - 303-449-6773

Sidneys Cappuccino and Art Bar

1375 Walnut St. 303-939-9052

Vics Again

3305 30th St, Boulder - 303-440-

Amante

1035 Walnut St., Boulder - 303-546-9999
4580 Broadway St Boulder, 303- 449-5114

Joe's Espresso Cafe

2500 30th St. - 303-448-9999

Bookend Café

1115 Pearl St Boulder, 303-440-6699

Espresso Roma - 303-442-5011

Saxy's

2018 10th Street, Boulder - 303-786-8585

Starbucks

28th & Pearl * 30th & Arapahoe * Baseline & Broadway * Pearl St. Mall * Twenty Ninth St. *
University & Broadway



4th STREET

10th ST

MORRIS JEWELRY

DOWNTOWN BOULDER DIRECTORY

CHINA TOWN MUSIC FESTIVAL



All About Boulder & Surrounding Areas

Civic Resources

- [Boulder Daily Camera](#)
- [Boulder Weekly](#)
- [Erie, Lafayette, Louisville and Superior newspapers](#)
- [Longmont Daily Times-Call](#)
- [Nederland's Mountain-Ear](#)
- [Niwot's Left Hand Valley Courier](#)
- [City of Boulder](#)
- [City of Boulder's "About Boulder"](#)
- [City of Boulder Planning & Development Services](#)
- [City of Boulder Housing & Human Services](#)
- [City of Boulder Open Space & Mountain Parks](#)
- [City of Boulder Neighborhood Services](#)
- [City and County of Broomfield](#)
- [Town of Erie](#)
- [City of Lafayette](#)
- [City of Longmont](#)
- [City of Louisville](#)
- [Town of Lyons](#)
- [Town of Nederland](#)
- [Village of Niwot](#)
- [Town of Superior](#)

Rental Information

- <http://www.rentclicks.com/Colorado/Boulder/>
- http://www.forrent.com/browse/Colorado/34/Denver-Boulder-Greeley/Boulder/page1.html?cmp=KNC-GoogleCODenver&WT.srch=GoogleCODenver&WT.mc_id=GoogleCODenver&gclid=CLvsogDykokCFQRbFQodAyIOAw
- <http://www.housinghelpers.com/findarental.aspx>
- http://market.boulder.co.us/apt_rent.html

BOULDER/DENVER AND SURROUNDING AREAS MAP



Landmarks:

- 1 - Folsom Field and Coors Events Center
- 2 - Invesco Field at Mile High
- 3 - Six Flags Elitch Gardens
- 4 - Pepsi Center

Neighborhoods:

- A - Boulder
- B - LoDo
- C - Central Denver
- D - Cherry Creek

BOULDER MAP

Boulder is a [Home Rule Municipality](#) that is the [county seat](#) and most populous city of [Boulder County, Colorado](#), in the [United States](#).^[5] Boulder is the [11th most populous city](#) in the state of Colorado. The [United States Census Bureau](#) estimates that in 2005 the population of the city of Boulder was 91,685,^[6] the population of the [Boulder Metropolitan Statistical Area](#) was 280,440. Boulder is the home of the [University of Colorado at Boulder](#), the largest university in Colorado and [Naropa University](#), the only accredited [Buddhist](#)-inspired university in the United States. Boulder is situated 25 miles (40 km) [northwest](#) of the [Colorado State Capitol](#) in [Denver](#) at an elevation of 5,430 feet (1,655 m). The City of Boulder is in Boulder Valley where the [Rocky Mountains](#) meet the [Great Plains](#). Just west of the city are imposing slabs of sedimentary stone tilted up on the foothills, known as the [Flatirons](#). The Flatirons are a widely recognized symbol of Boulder. The primary water flow through the city is [Boulder Creek](#). The creek was named well ahead of the city's founding, for all of the large granite boulders that have cascaded into the creek over the eons. It is from Boulder Creek that Boulder City and hence Boulder is believed to have taken its name. Boulder Creek has significant water flow, derived primarily from snow melt and minor springs west of the city. The creek is a tributary of the [South Platte River](#).

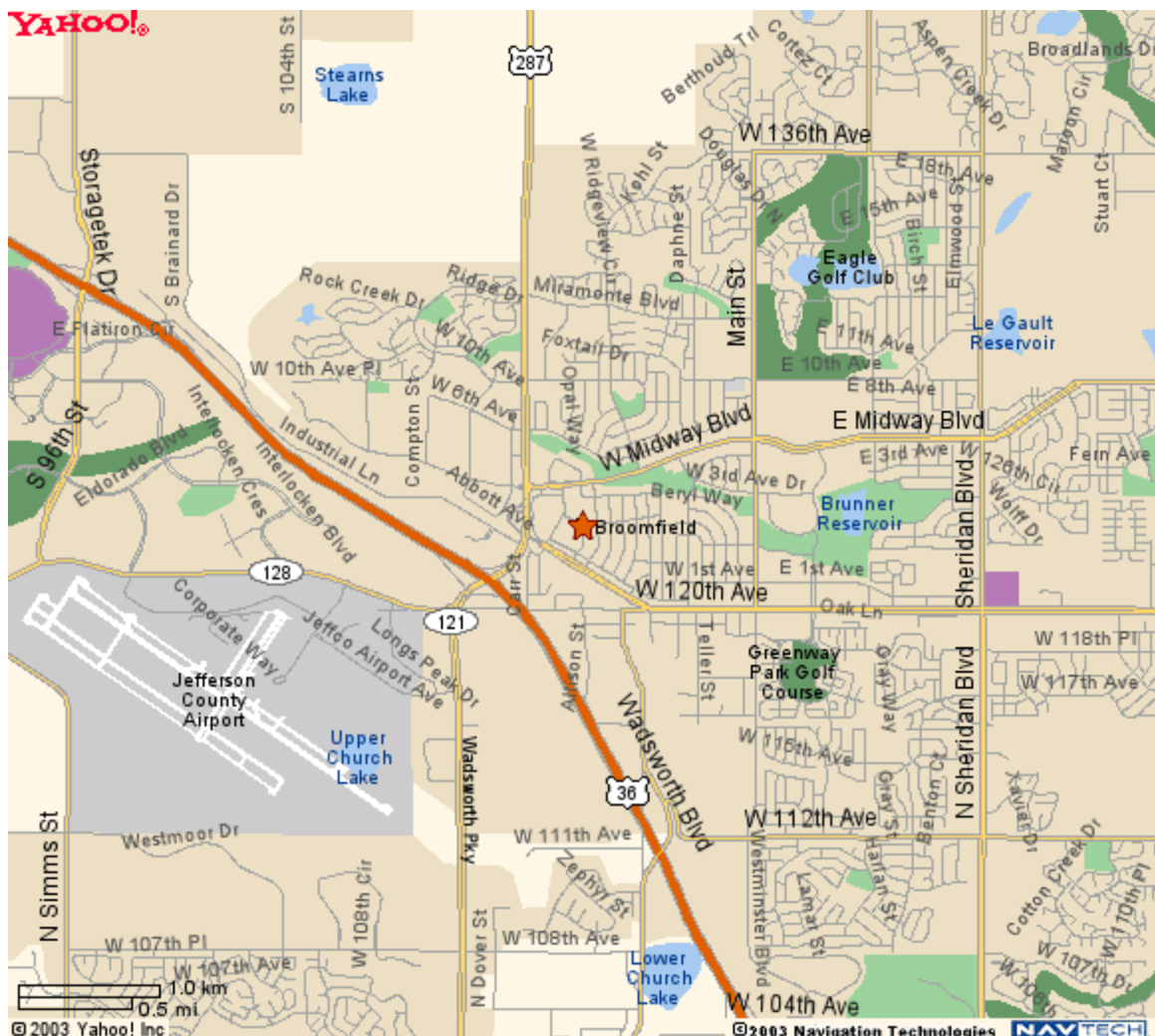




BROOMFIELD MAP



The **City and County of Broomfield** lies in the northwestern tier of the [Denver metropolitan area](#) in the [State of Colorado](#) of the [United States](#). Broomfield has a [consolidated city and county government](#) which operates under Article XX, Sections 10-13 of the [Constitution of the State of Colorado](#). The [United States Census Bureau](#) estimates that the population was 45,116 in 2006, a 17.88% increase since [U.S. Census 2000](#).^[4] Broomfield is the [16th most populous city](#) and the [16th most populous county](#) in the [State of Colorado](#). Broomfield is a part of the [Denver-Aurora Metropolitan Statistical Area](#) and the [Denver-Aurora-Boulder Combined Statistical Area](#). In the 1990s, Broomfield and other area suburbs experienced tremendous economic growth, much of it focused in [technology](#). According to the Broomfield Economic Development Corporation website [\[1\]](#), Broomfield's top three employers are [Sun Microsystems, Inc.](#) at 3,387 employees, [Level 3 Communications](#) at 2,400 employees, and [Corporate Express](#) at 1,000 employees. Broomfield has an extensive trail system that connects the various lakes and parks. A spectacular trail connects the [Stearns Lake](#) and the [Josh's Pond](#) on the west side of town. Broomfield also has a 9/11 memorial containing a piece of the steel beam from one of the towers. FlatIron Crossing is a large Shopping and entertainment center, anchored by [Nordstrom](#), [Macy's](#) and [Best Buy](#).



ERIE MAP

Erie is a [Statutory Town](#) located in [Boulder County](#) and [Weld County, Colorado, United States](#). Current population is 17,000 (January 2008 estimate).

Erie is located west of [I-25](#) 45 minutes from Denver International Airport, 25 minutes north of Denver and 15 minutes from Boulder. In the southern part of Erie, on [Baseline Road](#), is [Erie Municipal Airport](#). Located just 25



miles north of Denver, Erie is the new Colorado Front Range - vibrant, diverse, and one of the most buzzed about exurbs in the western United States. Outdoor buffs, yo

Young professionals, growing families and active seniors are drawn to our expansive mountain views, scenic trails, and 340 days of sunshine per year. And with the Erie Community Center and Erie Community Library now open, Erie's quality of life keeps getting even better.

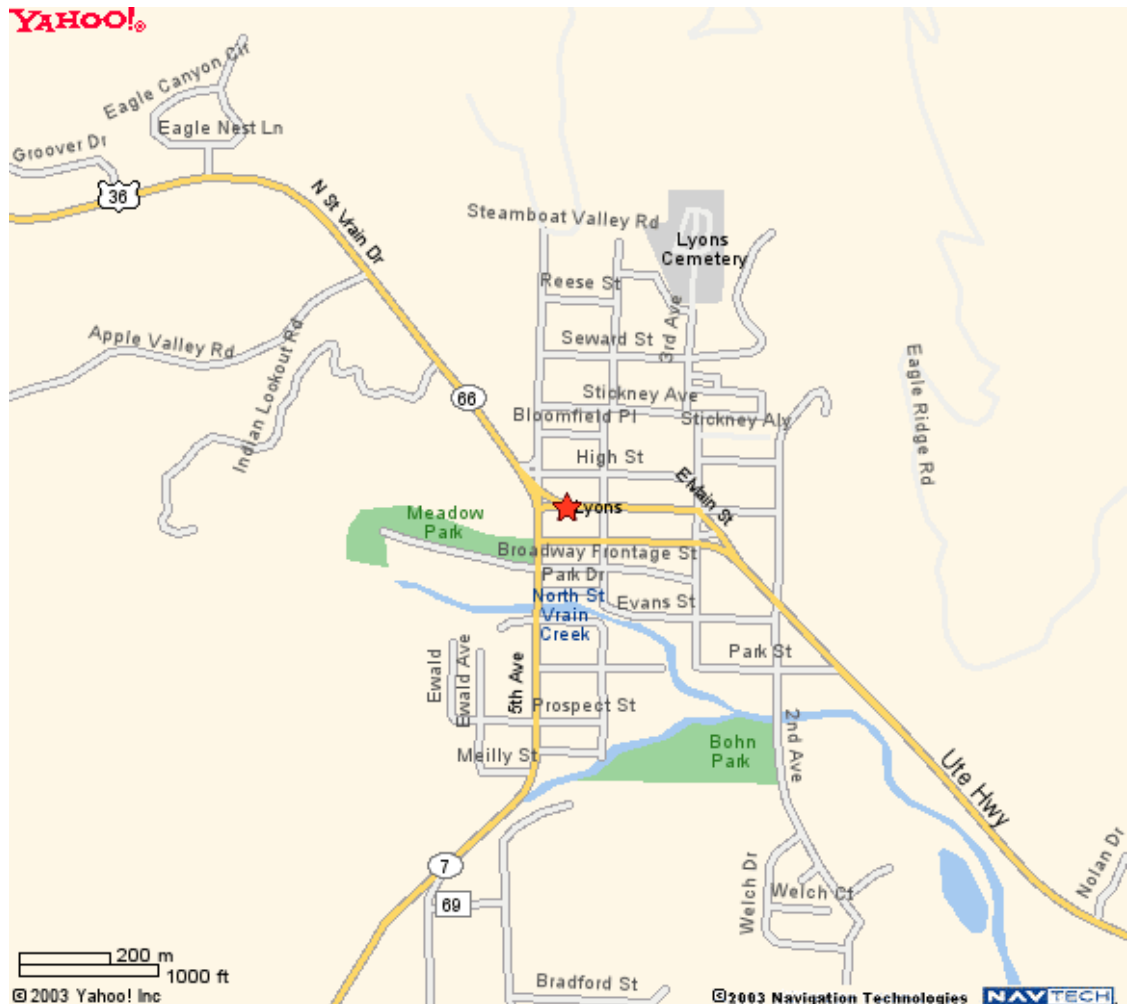
LYONS MAP

The **Town of Lyons** is a [Statutory Town](#) located in [Boulder County, Colorado, United States](#). The population was 1,585 at the 2000 census. Lyons is located at the confluence of the North [St. Vrain Creek](#) and the South St. Vrain Creek, twenty miles (32 km) east of [Rocky Mountain National Park](#). Due to its location at the intersection of [State Highway 7](#) and [U.S. Highway 36](#) which lead to [Rocky Mountain National Park](#), it is sometimes referred to as *The Double Gateway to the Rockies*. While some [Ute](#) families lived in the area on occasion, it wasn't until the 1850-

1860s that the area was settled permanently by farmers and cattle ranchers. The area was where the North and South [St. Vrain Creeks](#) met, and being located where the mountains and flat plains converged, offered them a protected space for good crops. The town of Lyons, Colorado was founded in 1880 by Edward S. Lyon. He purchased 160 acres (0.6 km²) from H.F. and Isabelle Sawyer, noticed the potential to quarry out the red [sandstone](#), which had easy access due to the outcroppings. He

[platted](#) the town in 1881. The town was incorporated in 1891. The town's name has an "s" added to the end of it, with no verified reason why.

The town is almost surrounded by large red sandstone mountains. Its sandstone is considered the hardest in the world, and it has a unique red or salmon color. While E. S. Lyon was one of the first people to help set up the quarrying business in the town, it has gone through several owners and new quarry locations over the years, with Murphy and Brodie and Loukonen being the most noteworthy owners. In the late 1800s the quarries got a big boost when a railroad was brought in to haul out the rock. In 1910-12 the cement industry killed the sandstone industry, and rock production stopped. The only sandstone construction that went on during this period was the new [University of Colorado](#) campus.



NIWOT MAP

Niwot is a [census-designated place](#) (CDP) in [Boulder County, Colorado, United States](#). The population was 4,160 at the [2000 census](#). The Niwot Post Office has the [ZIP Code](#) 80544.

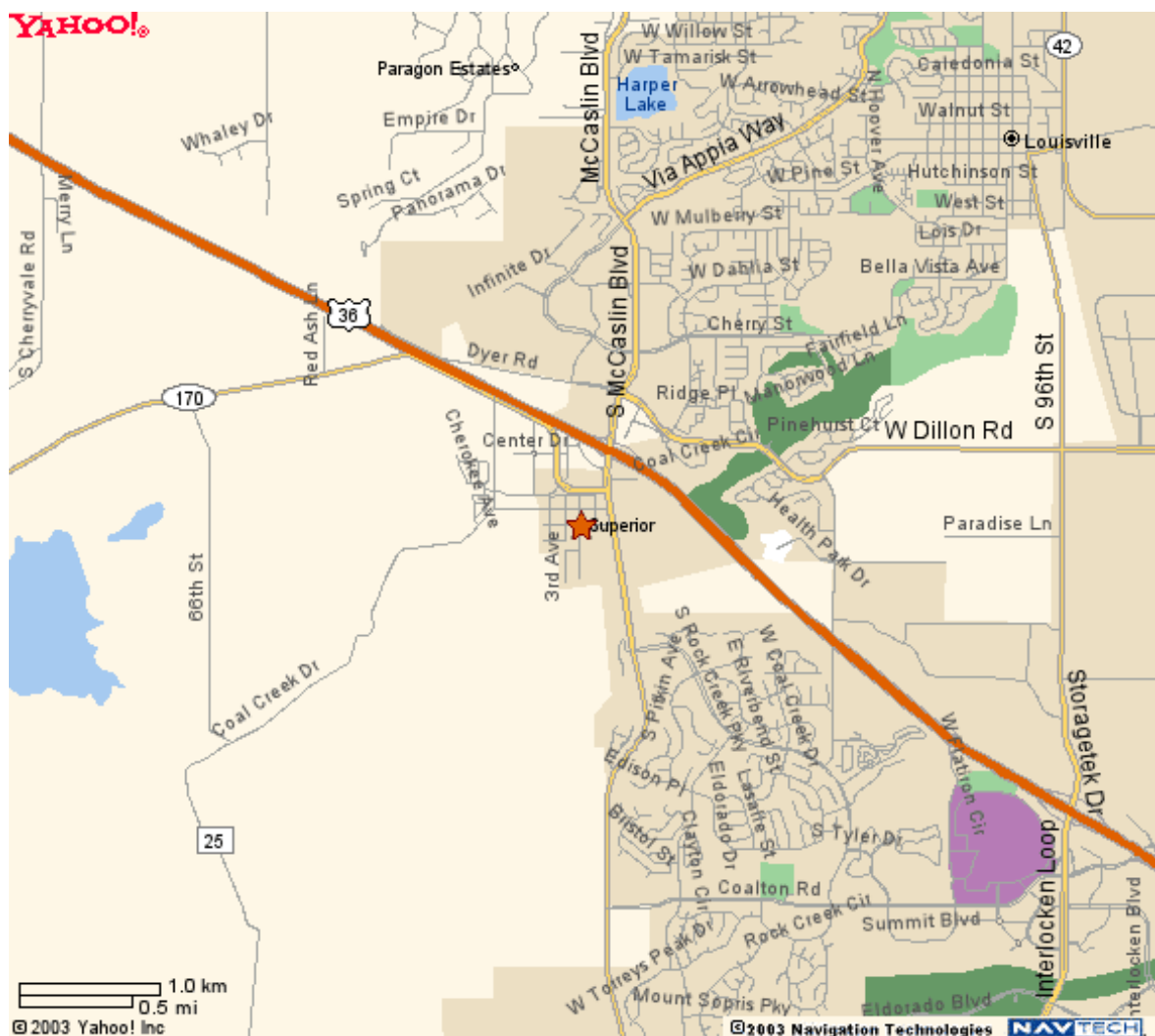
The town is named for Arapaho [Chief Niwot](#), a tribal leader in the Boulder area during the nineteenth century. The name means "left-handed." With a [per capita income](#) of \$39,943, Niwot is ranked as the [17th wealthiest location in Colorado](#).



SUPERIOR MAP

The **Town of Superior** is a [Statutory Town](#) located in [Boulder County](#) and [Jefferson County, Colorado, United States](#). According to [United States Census Bureau](#) estimates, the population of the city was 10,308 on [2005-07-01](#).^[5] Superior's history is one of [coal mining](#). The first mines in the area were developed in the late 1800s. The Town itself was founded in 1896 and incorporated in 1904. The town was reportedly named for the "superior quality" of coal found in the area. Mining was the major force in Superior's history until the Industrial Mine closed in 1945. Subsequently, many people moved out of the area and the Town evolved into a quiet ranching and farming community. The Town's population hovered around 250 until recently.

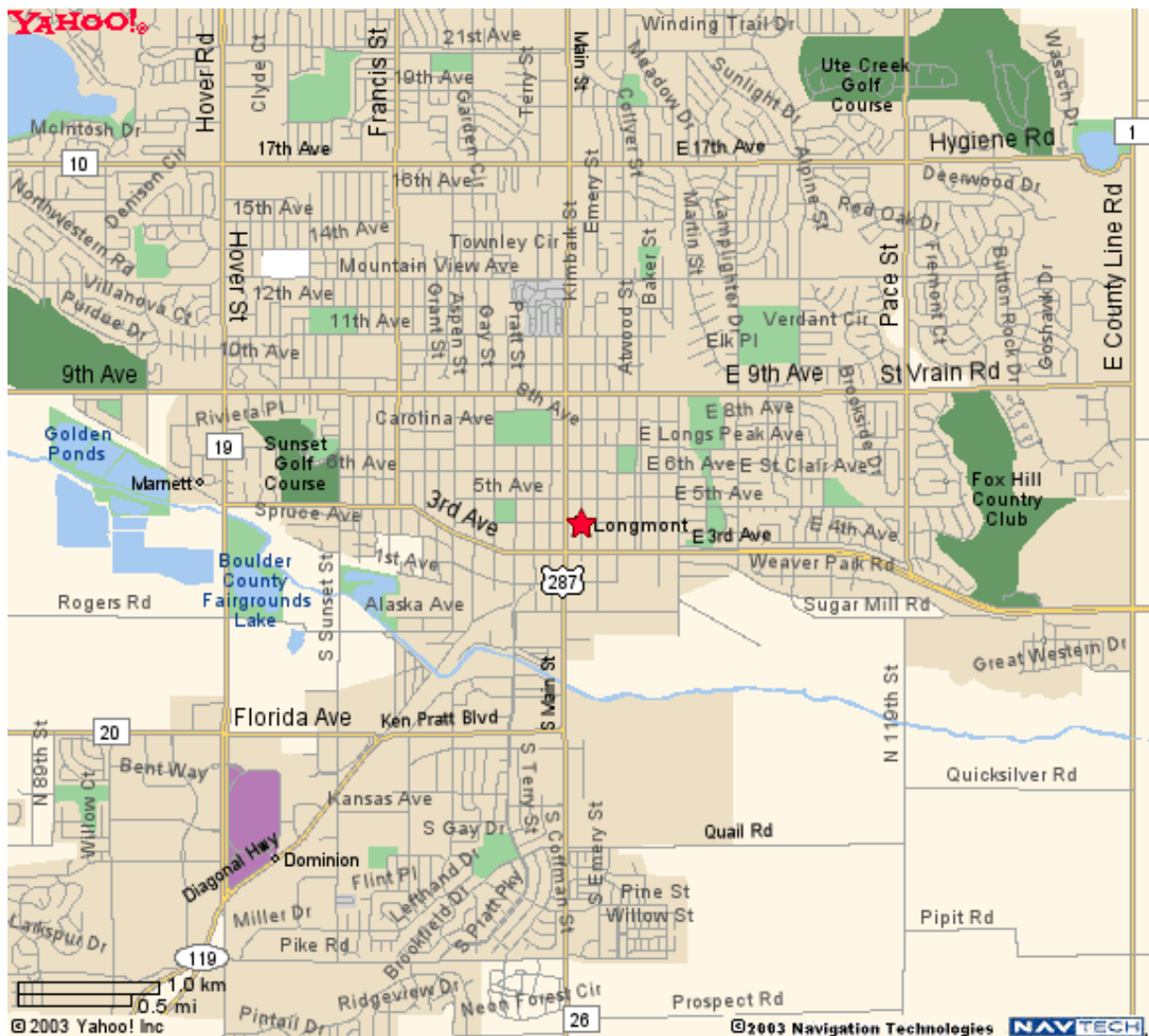
Located on the south side of Interstate 36 across the street from Louisville.



LONGMONT MAP

The **City of Longmont** is a [Home Rule Municipality](#) located in [Boulder County](#) and [Weld County, Colorado, United States](#). Longmont is the [13th most populous city](#) in the [State of Colorado](#). The word "Longmont" comes from [Longs Peak](#), a prominent mountain named for explorer [Stephen H. Long](#) that is clearly visible from Longmont, and "mont" from the French word for mountain. The city is located northeast of the county seat of [Boulder](#) and 31 miles (50 km) [north-northwest](#) of the [Colorado State Capitol](#) in [Denver](#). In contrast to its better-known neighbor, Longmont has a much more quiet and residential feel, although the city has begun to grow rapidly in recent years, in part as a bedroom community to the more-expensive Boulder and to nearby [Denver](#).

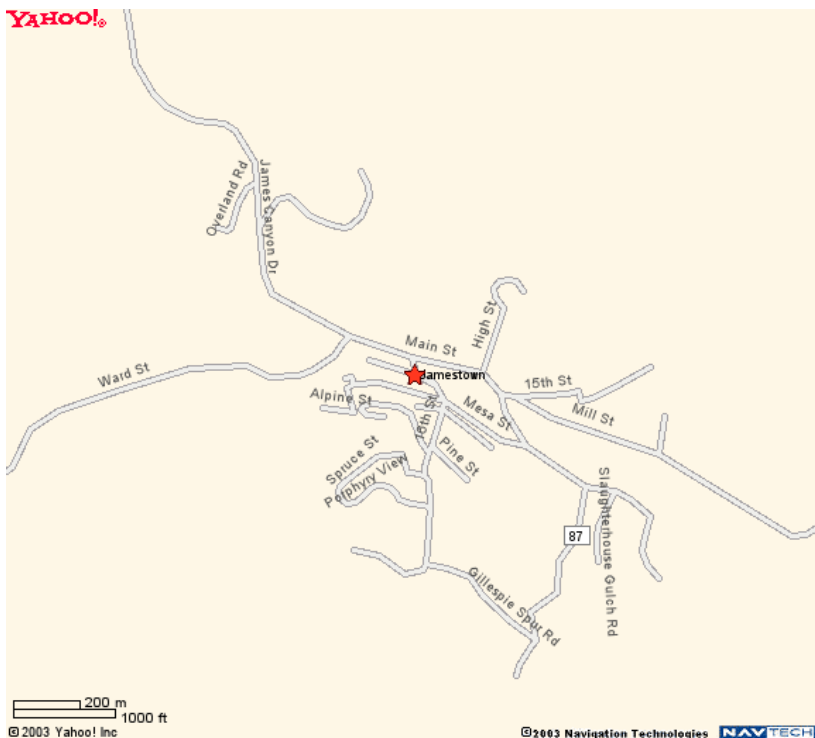
Also notable, Longmont was declared an "[All-America City](#)" by the [National Civic League](#) in June 2006. The city was also named number 61 on the 2006 list of the top 100 places to live in the United States by [Money Magazine](#)^[5].



JAMESTOWN MAP

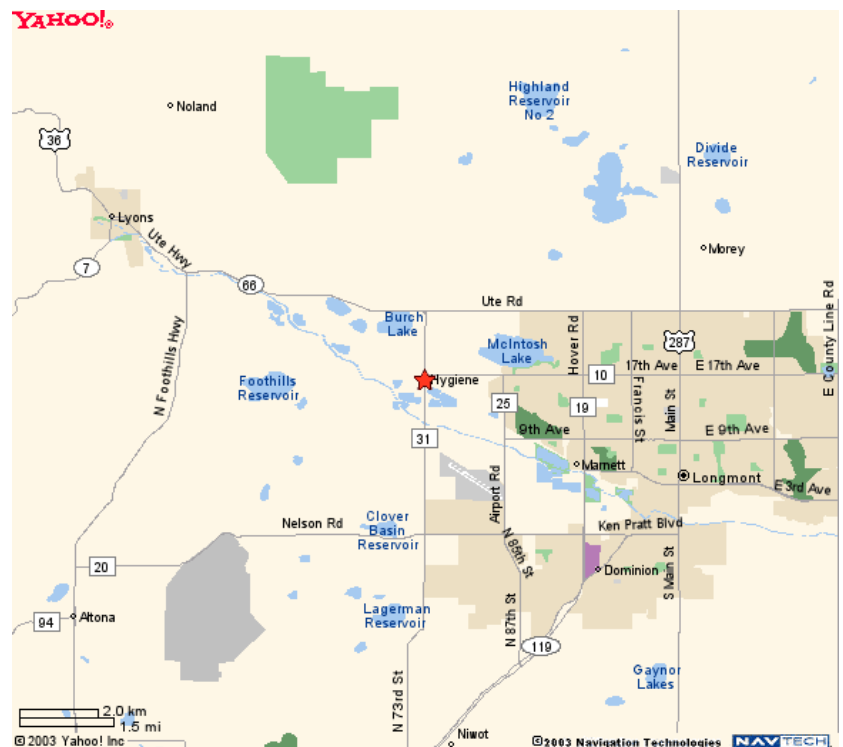
The **Town of Jamestown** is a [Statutory Town](#) located in [Boulder County, Colorado, United States](#). The population was 205 at the [2000 census](#). It was named for James Smith, an early discoverer of [gold](#). According to the [United States Census Bureau](#), the town has a total area of 0.6 [square miles](#) (1.7 [km²](#)), all of it land.

The only restaurant in Jamestown is the Jamestown Mercantile. The locals call it the Merc. The Merc serves meals and has live music on some nights. Across the street from the Merc is a public park. There is a group of people who meet there daily to play horseshoes.



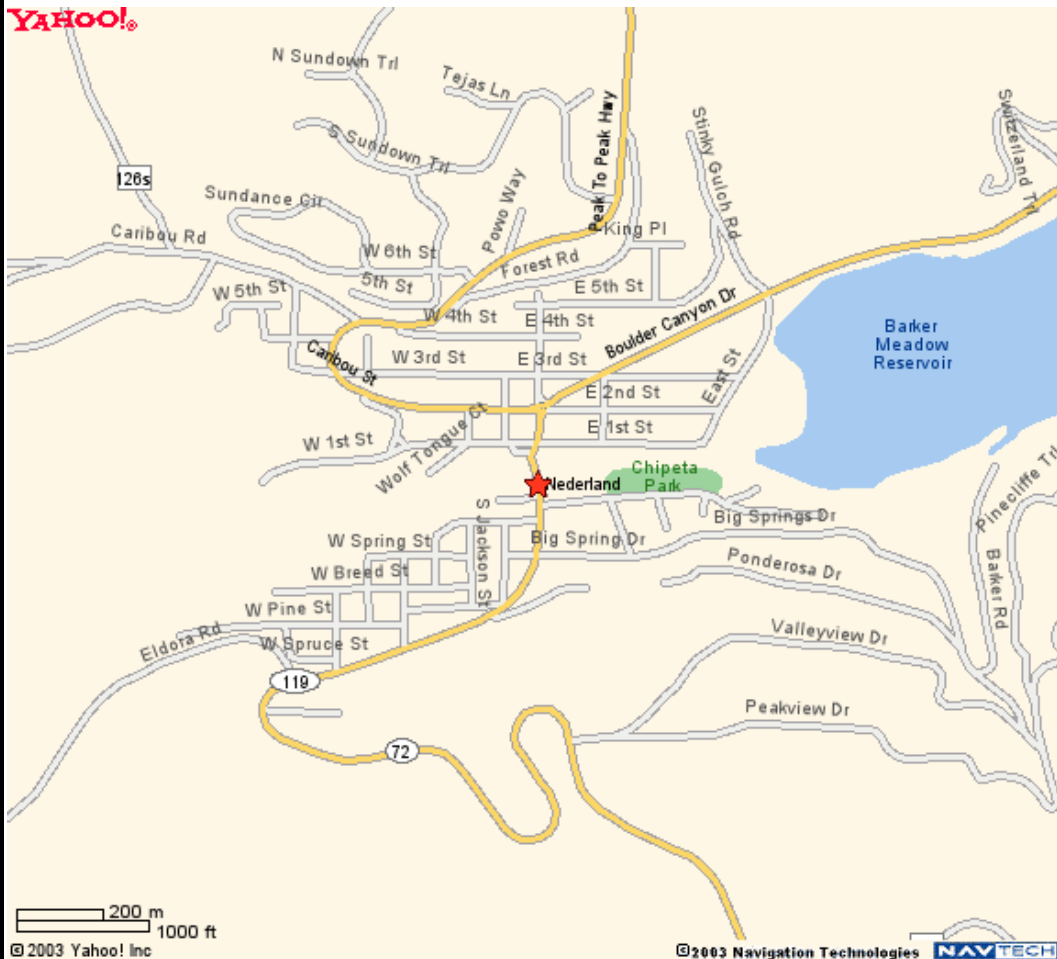
HYGIENE MAP

Hygiene is an [unincorporated town](#) and a [U.S. Post Office](#) located in [Boulder County, Colorado, United States](#). The Hygiene Post Office has the [ZIP Code](#) 80533.^[2] This town's name stems from a time when it had a [sanitarium](#) to work with [tuberculosis](#) patients. The sanitarium was started in [1882](#) by Reverend Jacob S. Flory and his [Church of the Brethren](#), who had come to the area a few years earlier to work with tuberculosis patients.



NEDERLAND MAP

The **Town of Nederland** is a [Statutory Town](#) located in the mountains of [Boulder County, Colorado, United States](#). According to 2006 Census Bureau estimates, the population of the city is 1,337.^[5]



Nederland began its history as the site of the mill for silver ore from the rich silver mines at [Caribou](#) (now a ghost town five miles away) and, during [World War I](#), for [tungsten](#) ore from surrounding mines. Nederland was named by a [Dutch](#) mining company that purchased several mines in the area. The word Nederland comes from [Dutch](#) "The Netherlands" meaning low lands. It was named this because the large boom town at the time was [Caribou](#), a town above Nederland, and Nederland was the lower lands that many traveled down to for supplies.

Today it is better known as a gateway to outdoor recreation in the nearby [Indian Peaks](#) and the new [James Peak](#) Wilderness Areas. Nederland is located 15 miles west of [Boulder](#). Nederland is the Dutch name for [The Netherlands](#). Used to be home of the once legendary record studio [Caribou Ranch](#), Legendary bluegrass band Yonder Mountain String Band hails from Nederland. Nederland has an annual festival named "Frozen Dead Guy Days" to celebrate the cryogenically frozen body of Bredo Morstoel.

WARD MAP

The **Town of Ward** (elevation 9,450 feet (2,880 m)) is a [Home Rule Municipality](#) located in [Boulder County, Colorado, United States](#). The population was 169 at the 2000 census. The town is a former mining settlement founded in [1860](#) in the wake of the discovery of [gold](#) at nearby [Gold Hill](#). Once one of the richest towns in the state during the [Colorado Gold Rush](#), it is located on a mountainside at the top of [Left Hand Canyon](#), near the [Peak-to-Peak Highway \(State Highway 72\)](#) northwest of [Boulder](#). The town is well-known in the region for its rustic feel

as an anti-establishment [counterculture](#) mountain community, with residents forming an enclosed community wary of outsiders. The town is likewise often viewed with suspicion and puzzlement even by many citizens of liberal-leaning Boulder. The town has received both admiration for its acceptance of outcasts and social misfits, as well as criticism as being a lawless haven for drug users, criminals, and the [mentally ill](#) as well as some really



neat and interesting people. Its high elevation renders it snowbound in heavy snows, with snow lingering throughout much of the springtime. Its abundance of beautiful buildings from the [19th century](#) heyday, including two churches that date from the [1890s](#), has made it an off-beat tourist attraction in recent decades, and is sometimes erroneously described as a [ghost town](#). In addition to the many refurbished buildings, the town is filled with rusted out and broken down cars, giving it the feeling of a haven for cars who have seen better days. Its location at the top of Left Hand Canyon also makes it a frequent destination for recreational [bicyclists](#) from nearby Boulder.

LAFAYETTE MAP

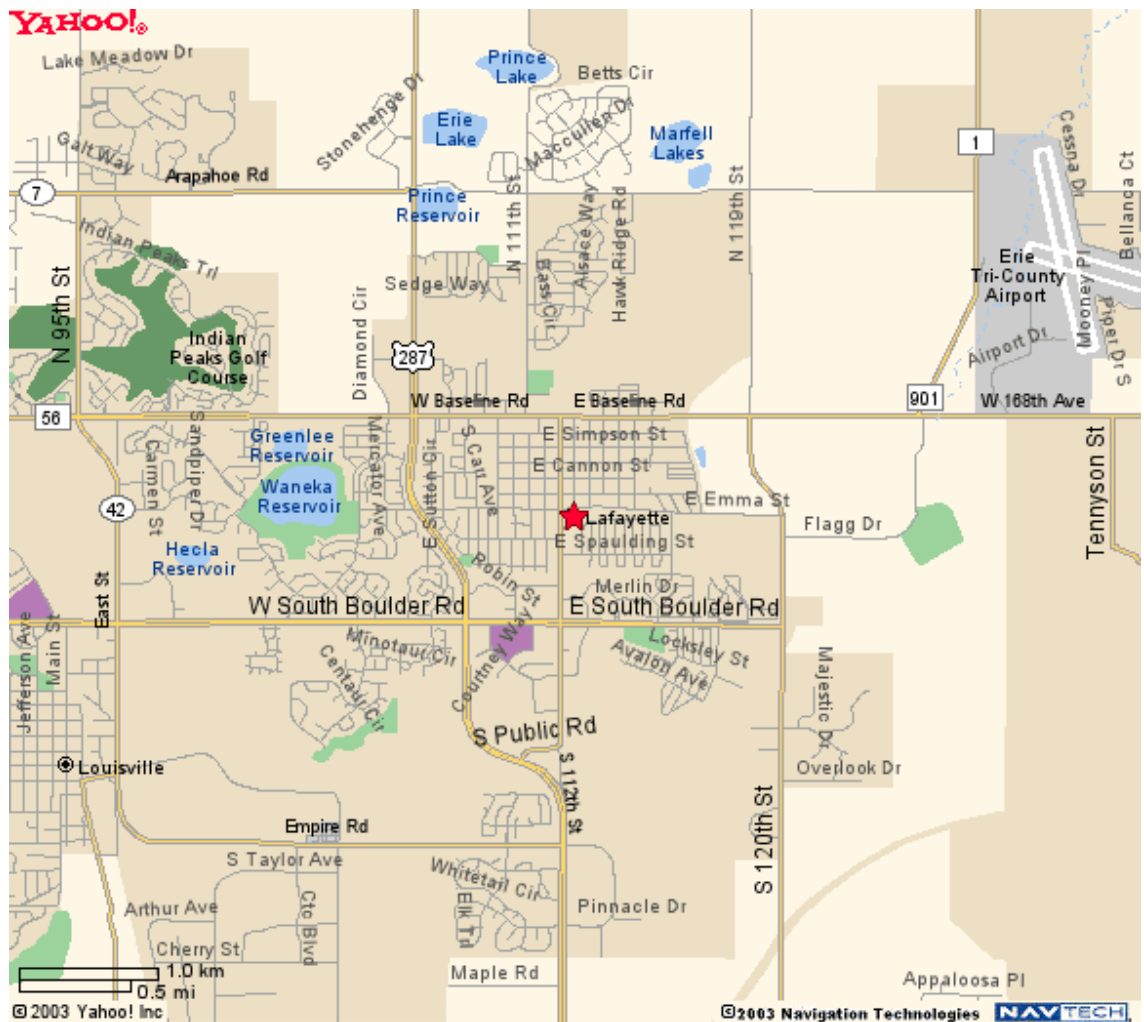


Population: 25,798

- Lafayette Chamber of Commerce: <http://chamber.lafayette.co.us/>
- Lafayette Important Phone numbers, Shopping, Education, Churches, etc.: <http://chamber.lafayette.co.us/chamber.nsf/html/RecreationCultureShoppingHousing>
- Important Lafayette Information: <http://www.ci.lafayette.co.us/>

Lafayette was founded in 1888 by Mary Miller. She and her husband, Lafayette Miller, had moved to the area to farm land acquired via the Homestead Act in 1871. In 1874 the Millers moved to Boulder. Lafayette Miller ran a butcher shop and was a town trustee. Lafayette Miller died in 1878. Mary Miller moved back to the farm with their six small children. In 1884 coal was discovered in the Miller farm. In 1887 John Simpson sank the first shaft which began the coal mining era. In 1888 Mary Miller designated 150 acres (0.61 km²) of the farm for the town of Lafayette which she named after her late husband.

Today, Lafayette is a thriving community, with the cultural and commercial center still being found in the revitalized Old Town district, especially along Public Road. The town hosts a variety of unique events each year, including an Oatmeal Festival in cooperation with the [Quaker Oats Company](#), a Peach Festival, a Wine Festival, and Lafayette Days.



LOUISVILLE MAP



Founded:1878 **Population:** 19,000 **Average Elevation:** 5,530 feet **Area of City:** 7.82 square miles **Mean Temperatures:** January - 29.5 degrees F July - 72.0 degrees F October - 52.6 degrees F **Days of Sunshine:** 275/year **Inches of Rain:** 15.5/year **Growing Season:** 148 Days

- Louisville Chamber of Commerce: <http://www.louisvillechamber.com/>
- Louisville Events: <http://www.louisvillechamber.com/cmntyevents.jsp>
- About Louisville: <http://www.ci.louisville.co.us/about.htm>
- In recent years Louisville has been recognized in three publications as one of the best places to live and raise a family in the United States. In July of 2005, [CNN/Money](#) and [Money](#) magazine ranked Louisville fifth on their list of the 100 best places to live in the United States. Criteria included financial, housing, education, quality of life, leisure and culture, and weather data.^[6]



- In May of 2006, Bert Sperling & Peter Sander, authors of the book *Best Places to Raise Your Family: The Top 100 Affordable Communities in the U.S.*, ranked Louisville first on their list of best places in the U.S. to raise a family.^{[7][8]}
- In August of 2007, [CNN/Money](#) and [Money](#) magazine again ranked
-

- Louisville third on their list of the 100 best places to live in the United States.^[6]

○ **BOULDER DEMOGRAPHICS**

HOUSING OCCUPANCY

Boulder County, Colorado

Selected Housing Characteristics: 2006

Data Set: **2006 American Community Survey**

Survey: **2006 American Community Survey**

[Social](#) - Education, Marital Status, Relationships, Fertility, Grandparents...

[Economic](#) - Income, Employment, Occupation, Commuting to Work...

Housing - Occupancy and Structure, Housing Value and Costs, Utilities...

[Demographic](#) - Sex and Age, Race, Hispanic Origin, Housing Units...

[Narrative](#) - Text profile with graphs for easy analysis...

NOTE. Although the American Community Survey (ACS) produces population, demographic and housing unit estimates, it is the Census Bureau's Population Estimates Program that produces and disseminates the [official estimates of the population for the nation, states, counties, cities and towns](#) and estimates of housing units for states and counties.

For more information on confidentiality protection, sampling error, nonsampling error, and definitions, see [Survey Methodology](#).

Selected Housing Characteristics: 2006	Estimate	Margin of Error
HOUSING OCCUPANCY		
Total housing units	122,784	+/-131
Occupied housing units	112,947	+/-1,688
Vacant housing units	9,837	+/-1,676
Homeowner vacancy rate	2.7	+/-1.2
Rental vacancy rate	7.6	+/-2.6
UNITS IN STRUCTURE		
1-unit, detached	76,180	+/-2,126
1-unit, attached	9,994	+/-1,314
2 units	2,704	+/-1,041
3 or 4 units	5,390	+/-1,134
5 to 9 units	5,934	+/-999
10 to 19 units	8,519	+/-1,172
20 or more units	10,171	+/-1,357
Mobile home	3,892	+/-908
Boat, RV, van, etc.	0	+/-271
YEAR STRUCTURE BUILT		
Built 2005 or later	1,989	+/-743
Built 2000 to 2004	11,592	+/-1,451

Selected Housing Characteristics: 2006	Estimate	Margin of Error
Built 1990 to 1999	27,621	+/-1,735
Built 1980 to 1989	20,481	+/-1,900
Built 1970 to 1979	25,851	+/-1,954
Built 1960 to 1969	17,236	+/-1,771
Built 1950 to 1959	7,142	+/-1,191
Built 1940 to 1949	1,294	+/-478
Built 1939 or earlier	9,578	+/-1,520
ROOMS		
1 room	1,005	+/-396
2 rooms	4,751	+/-1,062
3 rooms	11,102	+/-1,599
4 rooms	20,700	+/-1,951
5 rooms	18,166	+/-2,049
6 rooms	17,745	+/-1,602
7 rooms	14,795	+/-1,809
8 rooms	13,501	+/-1,331
9 rooms or more	21,019	+/-1,842
Median (rooms)	5.8	+/-0.2
BEDROOMS		
No bedroom	1,298	+/-454
1 bedroom	13,361	+/-1,838
2 bedrooms	33,475	+/-2,132
3 bedrooms	39,760	+/-2,654
4 bedrooms	25,551	+/-2,178
5 or more bedrooms	9,339	+/-1,345
Occupied housing units	112,947	+/-1,688
HOUSING TENURE		
Owner-occupied	74,561	+/-1,946
Renter-occupied	38,386	+/-2,052
Average household size of owner-occupied unit	2.50	+/-0.05
Average household size of renter-occupied unit	2.24	+/-0.09

Selected Housing Characteristics: 2006	Estimate	Margin of Error
YEAR HOUSEHOLDER MOVED INTO UNIT		
Moved in 2005 or later	32,258	+/-2,292
Moved in 2000 to 2004	37,187	+/-2,596
Moved in 1990 to 1999	28,038	+/-2,078
Moved in 1980 to 1989	7,676	+/-1,005
Moved in 1970 to 1979	5,112	+/-896
Moved in 1969 or earlier	2,676	+/-561
VEHICLES AVAILABLE		
No vehicles available	5,356	+/-1,180
1 vehicle available	37,646	+/-2,591
2 vehicles available	46,141	+/-2,091
3 or more vehicles available	23,804	+/-1,885
HOUSE HEATING FUEL		
Utility gas	88,134	+/-2,634
Bottled, tank, or LP gas	3,753	+/-832
Electricity	18,609	+/-2,147
Fuel oil, kerosene, etc.	241	+/-206
Coal or coke	0	+/-271
Wood	885	+/-535
Solar energy	124	+/-151
Other fuel	213	+/-188
No fuel used	988	+/-522
SELECTED CHARACTERISTICS		
Lacking complete plumbing facilities	293	+/-251
Lacking complete kitchen facilities	384	+/-318
No telephone service available	10,301	+/-1,699
OCCUPANTS PER ROOM		
1.00 or less	110,568	+/-1,790
1.01 to 1.50	1,155	+/-500
1.51 or more	1,224	+/-725

Selected Housing Characteristics: 2006	Estimate	Margin of Error
Owner-occupied units	74,561	+/-1,946
VALUE		
Less than \$50,000	2,653	+/-594
\$50,000 to \$99,999	684	+/-286
\$100,000 to \$149,999	1,493	+/-560
\$150,000 to \$199,999	7,310	+/-1,264
\$200,000 to \$299,999	18,112	+/-1,960
\$300,000 to \$499,999	23,219	+/-1,729
\$500,000 to \$999,999	18,137	+/-1,236
\$1,000,000 or more	2,953	+/-693
Median (dollars)	347,000	+/-9,396
MORTGAGE STATUS AND SELECTED MONTHLY OWNER COSTS		
Housing units with a mortgage	57,563	+/-2,107
Less than \$300	111	+/-130
\$300 to \$499	205	+/-178
\$500 to \$699	967	+/-404
\$700 to \$999	4,086	+/-958
\$1,000 to \$1,499	13,777	+/-1,531
\$1,500 to \$1,999	16,566	+/-1,634
\$2,000 or more	21,851	+/-1,800
Median (dollars)	1,782	+/-51
Housing units without a mortgage	16,998	+/-1,334
Less than \$100	174	+/-227
\$100 to \$199	482	+/-292
\$200 to \$299	2,910	+/-631
\$300 to \$399	3,669	+/-746
\$400 or more	9,763	+/-1,146
Median (dollars)	432	+/-18
SELECTED MONTHLY OWNER COSTS AS A PERCENTAGE OF HOUSEHOLD INCOME		
Housing unit with a mortgage	57,563	+/-2,107
Less than 20.0 percent	18,163	+/-1,606
20.0 to 24.9 percent	7,813	+/-1,293

Selected Housing Characteristics: 2006	Estimate	Margin of Error
25.0 to 29.9 percent	8,233	+/-1,215
30.0 to 34.9 percent	6,739	+/-1,337
35.0 percent or more	16,615	+/-1,975
Not computed	0	+/-271
Housing unit without a mortgage	16,998	+/-1,334
Less than 10.0 percent	8,697	+/-1,242
10.0 to 14.9 percent	2,411	+/-632
15.0 to 19.9 percent	1,596	+/-607
20.0 to 24.9 percent	898	+/-360
25.0 to 29.9 percent	651	+/-331
30.0 to 34.9 percent	381	+/-219
35.0 percent or more	2,364	+/-574
Not computed	0	+/-271
Renter-occupied units	38,386	+/-2,052
GROSS RENT		
Less than \$200	821	+/-468
\$200 to \$299	436	+/-306
\$300 to \$499	1,172	+/-438
\$500 to \$749	8,632	+/-1,391
\$750 to \$999	10,504	+/-1,584
\$1,000 to \$1,499	10,676	+/-1,641
\$1,500 or more	5,355	+/-1,189
No cash rent	790	+/-416
Median (dollars)	924	+/-38
GROSS RENT AS A PERCENTAGE OF HOUSEHOLD INCOME		
Less than 15.0 percent	3,796	+/-1,152
15.0 to 19.9 percent	5,370	+/-1,476
20.0 to 24.9 percent	3,769	+/-778
25.0 to 29.9 percent	4,132	+/-945
30.0 to 34.9 percent	3,377	+/-867
35.0 percent or more	16,280	+/-1,491
Not computed	1,662	+/-695

Selected Housing Characteristics: 2006EstimateMargin of Error

Source: U.S. Census Bureau, 2006 American Community Survey

Data are based on a sample and are subject to sampling variability. The degree of uncertainty for an estimate arising from sampling variability is represented through the use of a margin of error. The value shown here is the 90 percent margin of error. The margin of error can be interpreted roughly as providing a 90 percent probability that the interval defined by the estimate minus the margin of error and the estimate plus the margin of error (the lower and upper confidence bounds) contains the true value. In addition to sampling variability, the ACS estimates are subject to nonsampling error (for a discussion of nonsampling variability, see [Accuracy of the Data](#)). The effect of nonsampling error is not represented in these tables.


Notes:

.The median gross rent excludes no cash renters.

.While the 2006 American Community Survey (ACS) data generally reflect the December 2005 Office of Management and Budget (OMB) definitions of metropolitan and micropolitan statistical areas, in certain instances the names, codes, and boundaries of the principal cities shown in ACS tables may differ from the OMB definitions due to differences in the effective dates of the geographic entities.

Explanation of Symbols:

1. An '***' entry in the margin of error column indicates that either no sample observations or too few sample observations were available to compute a standard error and thus the margin of error. A statistical test is not appropriate.
2. An '-' entry in the estimate column indicates that either no sample observations or too few sample observations were available to compute an estimate, or a ratio of medians cannot be calculated because one or both of the median estimates falls in the lowest interval or upper interval of an open-ended distribution.
3. An '-' following a median estimate means the median falls in the lowest interval of an open-ended distribution.
4. An '+' following a median estimate means the median falls in the upper interval of an open-ended distribution.
5. An '****' entry in the margin of error column indicates that the median falls in the lowest interval or upper interval of an open-ended distribution. A statistical test is not appropriate.
6. An '*****' entry in the margin of error column indicates that the estimate is controlled. A statistical test for sampling variability is not appropriate.
7. An 'N' entry in the estimate and margin of error columns indicates that data for this geographic area cannot be displayed because the number of sample cases is too small.
8. An '(X)' means that the estimate is not applicable or not available.

The letters PDF or symbol  indicate a document is in the [Portable Document Format \(PDF\)](#). To view the file you will need the [Adobe® Acrobat® Reader](#), which is available for **free** from the Adobe web site.

HOUSEHOLDS BY TYPE

Boulder County, Colorado

Selected Social Characteristics in the United States: 2006

Data Set: **2006 American Community Survey**

Survey: **2006 American Community Survey**

Social - Education, Marital Status, Relationships, Fertility, Grandparents...

Economic - Income, Employment, Occupation, Commuting to Work...

Housing - Occupancy and Structure, Housing Value and Costs, Utilities...

Demographic - Sex and Age, Race, Hispanic Origin, Housing Units...

Narrative - Text profile with graphs for easy analysis...

NOTE. Although the American Community Survey (ACS) produces population, demographic and housing unit estimates, it is the Census Bureau's Population Estimates Program that produces and disseminates the [official estimates of the population for the nation, states, counties, cities and towns](#) and estimates of housing units for states and counties.

For more information on confidentiality protection, sampling error, nonsampling error, and definitions, see [Survey Methodology](#).

Selected Social Characteristics in the United States: 2006	Estimate	Margin of Error
HOUSEHOLDS BY TYPE		
Total households	112,947	+/-1,688
Family households (families)	66,850	+/-2,487
With own children under 18 years	35,324	+/-1,883
Married-couple families	52,448	+/-2,266
With own children under 18 years	26,084	+/-1,880
Male householder, no wife present	6,281	+/-1,312
With own children under 18 years	3,421	+/-1,057
Female householder, no husband present	8,121	+/-1,360
With own children under 18 years	5,819	+/-1,197
Nonfamily households	46,097	+/-2,667
Householder living alone	32,052	+/-2,392
65 years and over	7,024	+/-997
Households with one or more people under 18 years	37,035	+/-2,067
Households with one or more people 65 years and over	17,551	+/-877
Average household size	2.41	+/-0.04
Average family size	2.98	+/-0.07
RELATIONSHIP		
Household population	272,342	+/-317
Householder	112,947	+/-1,688

Selected Social Characteristics in the United States: 2006	Estimate	Margin of Error
Spouse	52,254	+/-2,268
Child	68,647	+/-2,154
Other relatives	11,270	+/-2,083
Nonrelatives	27,224	+/-3,169
Unmarried partner	7,288	+/-1,407
MARITAL STATUS		
Males 15 years and over	116,826	+/-514
Never married	46,048	+/-2,270
Now married, except separated	56,872	+/-2,574
Separated	1,190	+/-642
Widowed	1,893	+/-626
Divorced	10,823	+/-1,570
Females 15 years and over	114,830	+/-508
Never married	35,023	+/-2,254
Now married, except separated	56,106	+/-2,632
Separated	1,778	+/-700
Widowed	7,440	+/-1,149
Divorced	14,483	+/-1,760
FERTILITY		
Number of women 15 to 50 years old who had a birth in the past 12 months	4,292	+/-1,004
Unmarried women (widowed, divorced, and never married)	753	+/-434
Per 1,000 unmarried women	19	+/-11
Per 1,000 women 15 to 50 years old	55	+/-13
Per 1,000 women 15 to 19 years old	20	+/-26
Per 1,000 women 20 to 34 years old	73	+/-24
Per 1,000 women 35 to 50 years old	51	+/-17
GRANDPARENTS		
Number of grandparents living with own grandchildren under 18 years	N	N
Responsible for grandchildren	N	N
Years responsible for grandchildren		
Less than 1 year	N	N

Selected Social Characteristics in the United States: 2006	Estimate	Margin of Error
1 or 2 years	N	N
3 or 4 years	N	N
5 or more years	N	N
Characteristics of grandparents responsible for own grandchildren under 18 years		
Who are female	74.7%	+/-20.9
Who are married	N	N
SCHOOL ENROLLMENT		
Population 3 years and over enrolled in school	86,797	+/-2,829
Nursery school, preschool	4,409	+/-876
Kindergarten	3,877	+/-938
Elementary school (grades 1-8)	25,290	+/-1,238
High school (grades 9-12)	14,791	+/-1,114
College or graduate school	38,430	+/-2,571
EDUCATIONAL ATTAINMENT		
Population 25 years and over	183,713	+/-950
Less than 9th grade	6,324	+/-1,586
9th to 12th grade, no diploma	6,420	+/-1,458
High school graduate (includes equivalency)	27,182	+/-2,474
Some college, no degree	31,017	+/-2,084
Associate's degree	9,629	+/-1,268
Bachelor's degree	58,499	+/-2,889
Graduate or professional degree	44,642	+/-2,749
Percent high school graduate or higher	93.1%	+/-1.0
Percent bachelor's degree or higher	56.1%	+/-1.8
VETERAN STATUS		
Civilian population 18 years and over	220,732	+/-466
Civilian veterans	17,399	+/-1,441
DISABILITY STATUS OF THE CIVILIAN NONINSTITUTIONALIZED POPULATION		
Population 5 years and over	262,219	+/-350

Selected Social Characteristics in the United States: 2006	Estimate	Margin of Error
With a disability	21,667	+/-2,353
Population 5 to 15 years	36,023	+/-660
With a disability	1,088	+/-518
Population 16 to 64 years	202,896	+/-1,105
With a disability	13,631	+/-2,053
Population 65 years and over	23,300	+/-680
With a disability	6,948	+/-1,056
RESIDENCE 1 YEAR AGO		
Population 1 year and over	278,744	+/-811
Same house	205,452	+/-6,171
Different house in the U.S.	69,921	+/-6,184
Same county	39,581	+/-5,249
Different county	30,340	+/-3,626
Same state	11,616	+/-2,492
Different state	18,724	+/-2,992
Abroad	3,371	+/-2,276
PLACE OF BIRTH		
Total population	282,304	*****
Native	248,693	+/-3,003
Born in United States	245,161	+/-3,116
State of residence	85,369	+/-3,774
Different state	159,792	+/-4,333
Born in Puerto Rico, U.S. Island areas, or born abroad to American parent(s)	3,532	+/-749
Foreign born	33,611	+/-3,003
U.S. CITIZENSHIP STATUS		
Foreign-born population	33,611	+/-3,003
Naturalized U.S. citizen	8,103	+/-1,270
Not a U.S. citizen	25,508	+/-2,898

Selected Social Characteristics in the United States: 2006	Estimate	Margin of Error
YEAR OF ENTRY		
Population born outside the United States	37,143	+/-3,116
Native	3,532	+/-749
Entered 2000 or later	482	+/-428
Entered before 2000	3,050	+/-710
Foreign born	33,611	+/-3,003
Entered 2000 or later	11,031	+/-2,862
Entered before 2000	22,580	+/-2,641
WORLD REGION OF BIRTH OF FOREIGN BORN		
Foreign-born population, excluding population born at sea	33,611	+/-3,003
Europe	6,736	+/-1,362
Asia	8,633	+/-1,137
Africa	764	+/-480
Oceania	352	+/-285
Latin America	16,202	+/-2,280
Northern America	924	+/-438
LANGUAGE SPOKEN AT HOME		
Population 5 years and over	264,794	+/-230
English only	217,418	+/-3,466
Language other than English	47,376	+/-3,417
Speak English less than "very well"	19,972	+/-2,690
Spanish	27,820	+/-2,483
Speak English less than "very well"	15,455	+/-2,619
Other Indo-European languages	11,717	+/-2,076
Speak English less than "very well"	2,068	+/-1,020
Asian and Pacific Islander languages	7,086	+/-1,245
Speak English less than "very well"	2,449	+/-726
Other languages	753	+/-546
Speak English less than "very well"	0	+/-271
ANCESTRY		

Selected Social Characteristics in the United States: 2006	Estimate	Margin of Error
Total population	282,304	*****
American	10,638	+/-2,264
Arab	1,036	+/-652
Czech	3,248	+/-908
Danish	3,217	+/-957
Dutch	8,193	+/-2,130
English	41,059	+/-3,074
French (except Basque)	10,903	+/-1,795
French Canadian	2,196	+/-1,244
German	67,400	+/-4,211
Greek	2,939	+/-1,504
Hungarian	1,917	+/-749
Irish	39,684	+/-3,295
Italian	17,596	+/-2,491
Lithuanian	1,170	+/-638
Norwegian	9,593	+/-1,544
Polish	12,599	+/-2,138
Portuguese	362	+/-256
Russian	6,120	+/-1,695
Scotch-Irish	8,658	+/-1,677
Scottish	10,875	+/-1,947
Slovak	608	+/-404
Subsaharan African	398	+/-301
Swedish	11,245	+/-1,885
Swiss	2,156	+/-954
Ukrainian	701	+/-400
Welsh	3,032	+/-822
West Indian (excluding Hispanic origin groups)	0	+/-271
Selected Social Characteristics in the United States: 2006	Estimate	Margin of Error

Source: U.S. Census Bureau, 2006 American Community Survey

Data are based on a sample and are subject to sampling variability. The degree of uncertainty for an estimate arising from sampling variability is represented through the use of a margin of error. The value shown here is the 90 percent margin of error. The margin of error can be interpreted roughly as providing a 90 percent probability that the interval defined by the estimate minus the margin of error and the estimate plus the margin of error (the lower and upper confidence bounds) contains the true value. In addition to sampling variability, the ACS estimates are subject to nonsampling error (for a discussion of nonsampling variability, see [Accuracy of the Data](#)). The effect of nonsampling error is not represented in these tables.

EMPLOYMENT STATUS

Boulder County, Colorado

Selected Economic Characteristics: 2006

Data Set: **2006 American Community Survey**

Survey: **2006 American Community Survey**

[Social](#) - Education, Marital Status, Relationships, Fertility, Grandparents...

Economic - Income, Employment, Occupation, Commuting to Work...

[Housing](#) - Occupancy and Structure, Housing Value and Costs, Utilities...

[Demographic](#) - Sex and Age, Race, Hispanic Origin, Housing Units...

[Narrative](#) - Text profile with graphs for easy analysis...

NOTE. Although the American Community Survey (ACS) produces population, demographic and housing unit estimates, it is the Census Bureau's Population Estimates Program that produces and disseminates the [official estimates of the population for the nation, states, counties, cities and towns](#) and estimates of housing units for states and counties.

For more information on confidentiality protection, sampling error, nonsampling error, and definitions, see [Survey Methodology](#).

	Estimate	Margin of Error
Selected Economic Characteristics: 2006		
EMPLOYMENT STATUS		
Population 16 years and over	228,653	+/-736
In labor force	159,894	+/-2,833
Civilian labor force	159,642	+/-2,806
Employed	151,785	+/-2,988
Unemployed	7,857	+/-1,390
Armed Forces	252	+/-196
Not in labor force	68,759	+/-2,871
Civilian labor force	159,642	+/-2,806
Unemployed	4.9%	+/-0.9
Females 16 years and over	113,386	+/-635
In labor force	69,802	+/-2,398
Civilian labor force	69,802	+/-2,398
Employed	66,462	+/-2,468
Own children under 6 years	19,181	+/-1,311
All parents in family in labor force	11,062	+/-1,424
Own children 6 to 17 years	38,674	+/-1,096
All parents in family in labor force	24,756	+/-1,888

Selected Economic Characteristics: 2006	Estimate	Margin of Error
COMMUTING TO WORK		
Workers 16 years and over	148,251	+/-3,290
Car, truck, or van -- drove alone	101,956	+/-3,419
Car, truck, or van -- carpooled	13,156	+/-1,508
Public transportation (excluding taxicab)	6,595	+/-1,447
Walked	6,878	+/-1,606
Other means	6,974	+/-1,478
Worked at home	12,692	+/-1,753
Mean travel time to work (minutes)	20.8	+/-0.9
Civilian employed population 16 years and over	151,785	+/-2,988
OCCUPATION		
Management, professional, and related occupations	75,934	+/-2,931
Service occupations	21,635	+/-2,726
Sales and office occupations	34,894	+/-2,493
Farming, fishing, and forestry occupations	280	+/-317
Construction, extraction, maintenance and repair occupations	7,774	+/-1,377
Production, transportation, and material moving occupations	11,268	+/-1,768
INDUSTRY		
Agriculture, forestry, fishing and hunting, and mining	689	+/-365
Construction	7,434	+/-1,265
Manufacturing	16,202	+/-1,934
Wholesale trade	4,137	+/-1,011
Retail trade	14,726	+/-1,916
Transportation and warehousing, and utilities	3,953	+/-859
Information	5,924	+/-1,167
Finance and insurance, and real estate and rental and leasing	9,103	+/-1,803
Professional, scientific, and management, and administrative and waste management services	26,821	+/-2,139
Educational services, and health care, and social assistance	35,850	+/-2,566
Arts, entertainment, and recreation, and accommodation, and food services	15,531	+/-2,374
Other services, except public administration	6,729	+/-1,493
Public administration	4,686	+/-1,212

Selected Economic Characteristics: 2006	Estimate	Margin of Error
CLASS OF WORKER		
Private wage and salary workers	110,517	+/-3,147
Government workers	26,544	+/-2,392
Self-employed workers in own not incorporated business	14,435	+/-1,994
Unpaid family workers	289	+/-216
INCOME AND BENEFITS (IN 2006 INFLATION-ADJUSTED DOLLARS)		
Total households	112,947	+/-1,688
Less than \$10,000	8,221	+/-1,349
\$10,000 to \$14,999	4,733	+/-1,112
\$15,000 to \$24,999	8,584	+/-1,363
\$25,000 to \$34,999	10,795	+/-1,523
\$35,000 to \$49,999	15,351	+/-1,707
\$50,000 to \$74,999	20,164	+/-1,858
\$75,000 to \$99,999	12,957	+/-1,729
\$100,000 to \$149,999	18,174	+/-1,897
\$150,000 to \$199,999	6,778	+/-1,175
\$200,000 or more	7,190	+/-1,063
Median household income (dollars)	61,748	+/-2,836
Mean household income (dollars)	83,509	+/-3,678
With earnings	98,568	+/-1,889
Mean earnings (dollars)	79,541	+/-3,770
With Social Security	19,372	+/-1,297
Mean Social Security income (dollars)	14,727	+/-749
With retirement income	14,414	+/-1,409
Mean retirement income (dollars)	26,602	+/-3,141
With Supplemental Security Income	1,077	+/-397
Mean Supplemental Security Income (dollars)	9,511	+/-2,275
With cash public assistance income	2,170	+/-867
Mean cash public assistance income (dollars)	1,673	+/-617
With Food Stamp benefits in the past 12 months	4,021	+/-1,017

Selected Economic Characteristics: 2006	Estimate	Margin of Error
Families	66,850	+/-2,487
Less than \$10,000	2,356	+/-918
\$10,000 to \$14,999	1,319	+/-484
\$15,000 to \$24,999	3,049	+/-894
\$25,000 to \$34,999	4,506	+/-1,093
\$35,000 to \$49,999	8,135	+/-1,498
\$50,000 to \$74,999	11,710	+/-1,598
\$75,000 to \$99,999	9,352	+/-1,236
\$100,000 to \$149,999	14,121	+/-1,622
\$150,000 to \$199,999	6,104	+/-1,083
\$200,000 or more	6,198	+/-999
Median family income (dollars)	80,883	+/-6,054
Mean family income (dollars)	104,593	+/-5,232
Per capita income (dollars)	34,081	+/-1,428
Nonfamily households	46,097	+/-2,667
Median nonfamily income (dollars)	38,743	+/-3,540
Mean nonfamily income (dollars)	51,409	+/-3,734
Median earnings for workers (dollars)	30,135	+/-1,755
Median earnings for male full-time, year-round workers (dollars)	57,141	+/-3,677
Median earnings for female full-time, year-round workers (dollars)	40,839	+/-3,129
PERCENTAGE OF FAMILIES AND PEOPLE WHOSE INCOME IN THE PAST 12 MONTHS IS BELOW THE POVERTY LEVEL		
All families	5.5%	+/-1.4
With related children under 18 years	8.5%	+/-2.2
With related children under 5 years only	12.1%	+/-6.9
Married couple families	2.3%	+/-1.0
With related children under 18 years	3.2%	+/-1.6
With related children under 5 years only	0.5%	+/-0.9
Families with female householder, no husband present	23.9%	+/-7.7
With related children under 18 years	31.7%	+/-9.8
With related children under 5 years only	50.6%	+/-26.4

Selected Economic Characteristics: 2006	Estimate	Margin of Error
All people	11.5%	+/-1.3
Under 18 years	11.2%	+/-2.5
Related children under 18 years	10.2%	+/-2.5
Related children under 5 years	16.7%	+/-5.1
Related children 5 to 17 years	7.7%	+/-2.4
18 years and over	11.6%	+/-1.3
18 to 64 years	12.5%	+/-1.5
65 years and over	4.4%	+/-2.1
People in families	5.7%	+/-1.3
Unrelated individuals 15 years and over	27.4%	+/-3.2
Selected Economic Characteristics: 2006	Estimate	Margin of Error

Source: U.S. Census Bureau, 2006 American Community Survey

Data are based on a sample and are subject to sampling variability. The degree of uncertainty for an estimate arising from sampling variability is represented through the use of a margin of error. The value shown here is the 90 percent margin of error. The margin of error can be interpreted roughly as providing a 90 percent probability that the interval defined by the estimate minus the margin of error and the estimate plus the margin of error (the lower and upper confidence bounds) contains the true value. In addition to sampling variability, the ACS estimates are subject to nonsampling error (for a discussion of nonsampling variability, see [Accuracy of the Data](#)). The effect of nonsampling error is not represented in these tables.

HIGH ALTITUDE COOKING

Newcomers to the Front Range are often surprised to find that the same low altitude recipes do not cook well in their new home. The decreased air pressure at high altitudes affects baking demanding longer cooking times for some things, or more liquids for another. *Do not assume that your recipe will not work; try it first and then adjust.*

Boiling Liquids: Water boils at this altitude at 200 degrees F rather than 212 degrees F. Using slightly more liquid and a lid helps prevent evaporation and scorching.

Deep Fat Frying: Lower your grease temperature approximately 20 degrees F. For pan frying, use medium and low temperature settings.

Puddings and Pie Fillings: Cornstarch will not thicken in a double broiler at this altitude. Use very low, direct heat, stirring carefully to prevent scorching.

Candies: When cooking syrup, lower the recommended temperature by 6 degrees on a centigrade thermometer and 12 degrees F.

Breads: Dough rises much faster in higher altitudes. Allow two rising periods instead of one and punch the bread dough down after each rising time. Also, flours tend to be drier and able to absorb more liquid in high, dry climates; less flour may be needed for proper consistency.

- Bread Machines: Reduce water by 1 tablespoon for every 1000 feet above 3000.

Canning: When using a water bath, increase the processing time by 6 minutes if the recommended time is 20 minutes or less. When using a pressure canner, add 3 pounds to the recommended pressure.

Cakes: There are no set rules for modifying cake recipes. Try smaller adjustments first and work your way up until your recipe is a success.

- Increase the baking temperature 15 degrees F to 25 degrees F to set the batter.
- Reduce sugar one to three tablespoons per cup.
- Increase liquid two to four tablespoons per cup.
- Reduce shortening one to two tablespoons (in rich cakes).
- Decrease gelatin as you would sugar.
- For sponge and angel food cakes, eggs may be increased.

Cookies: A slight reduction in baking powder and sugar may improve them. Bake at a slightly higher temperature.

Biscuits and Pie Crusts: Slightly more liquid may be used.

Note: Always follow instructions on the package concerning high altitude baking.

Customer Testimonials

- "My husband and I have been working with Ro for a little over two weeks. We had been out with other Real Estate Agents, but weren't happy with the way they worked with us. They were showing us homes that we weren't even interested in. Ro listened to what we were looking for in a home and showed us only areas/homes that were of interest. She is very knowledgeable and very honest. She will point out both good and bad features of every home. Ro has been very helpful and we enjoy working with her. Hopefully soon we will be in our new house that Ro helped pick out I would recommend her to everyone!"
- "We want to thank you Chris for everything that you did for us in the process of selling and buying our homes. You made it look so easy, but we know that you worked very hard on our behalf and we really do appreciate it."
- "I received multiple offers on my condo and John was able to negotiate the best price, bringing me over list price. This was beyond my expectations and was handled very professionally based on her skillful negotiations. Needless to say, I was very pleased."
- "Against the odds, Karen was able to get my home under contract in a soft market with many homes competing for the same buyers. She stands behind her marketing plan and will get you the maximum exposure through advertising and the internet. This helped make my home stand out amongst the rest."
- "Thanks Brody for all your support during our relocation. Thanks to you we did it! We love our new home, it feels just right."
- "It's always a pleasure to work with a realtor like Julie and Aryn who take good care of their clients. "

*Customer referrals may be furnished upon request.

Meet the Troia Team

Ro Troia has earned the Certified Residential Specialist (CRS) designation in real estate, which only 5% of the agents nationwide hold. She also has a Bachelor's Degree in Business Management with over 20 years of business experience stemming from the aerospace industry where she served as a Business Manager for both Ball Aerospace & General Electric for more than two decades.



Ro is one of the top producers at Coldwell Banker in Boulder, having been included in the President's Circle for 2003, CB Diamond Society and the only individual agent to earn the President's Elite award in 2002.

Ro's strong negotiating skills and broad knowledge in technology together with her excellent communication skills make her one of Boulder's Best Brokers. Ro is dedicated to providing the highest level of service in real estate. Her personal attention and commitment to her clients is unbeatable, as well as her passion for the business. Ro's personality and winsome charm will win your approval as you become her "Client for Life"



Aryn Sloan is a Broker Associate with The Troia Team and is full of enthusiasm! Aryn loves living in Colorado, and as a native, knows all the best locations. She can provide area information from almost anywhere from Highlands Ranch to Fort Collins. Aryn's background working for the Jeffco law enforcement agency as an Investigations Officer brings high work ethics, integrity and know-how in gathering data for clients. Aryn works with both buyers and sellers and can be counted on to "Go the Extra Mile for You"

Chris Boyers, joined the Troia Team 3 years ago, born and raised in Boulder and has lived in downtown Denver. He brings much expertise regarding Boulder and Denver. Chris is also a musician and plays the bass guitar with a local band that hosts shows in Denver.



Karen Cifala, joined the Troia Team upon her move from Baltimore, Maryland where she was also an agent for Coldwell Banker. Karen has been in the real estate business for many years and brings the SRES designation, which stands for Senior Residential Specialist. Karen has become an integral part of the Senior network in Boulder and Broomfield Counties.

Julie Johnson, the newest member of the Troia Team brings the knowledge and experience of working with first time buyers and the importance of buying "green." She is married with children and frequently gathers with Mommy groups in Boulder.



Brody Stinson, not new to real estate, joined the Troia Team in 2007. Brody is an avid snow boarder and was raised in Boulder. Brody is fluent in Spanish where he learned the language while living in Costa Rica. Brody has a flare for life and is knowledgeable regarding the Boulder and Denver scene, just ask him.

John Vaughan, joined the Troia Team 2 years ago coming from the tech business. John is the "hardware man." John's niche is selling HUD homes and works with many investors. John was a client several years ago listing his "investment condo" with the Troia Team. The Troia Team knew his wife before he did!

